



Camp Freedom & Camp Liberty

2010 Parent's Guide

Camp Freedom and Camp Liberty are the two Boy Scout camps at Heritage Reservation, the main summer camp facility of the Greater Pittsburgh Council.

2010 Camping:

Camp Freedom is our Boy Scout resident camp with a 400+ seat dining hall serving family style meals. Scouts stay a period of six days and have opportunity to participate in a plethora of activities and advancements in our eight program areas.

Camp Liberty is our Boy Scout resident camp that focuses on the patrol method. Scouts prepare their own meals as patrols in the campsite. The ingredients are provided by camp and picked up from the commissary. Scouts stay a period of six days and have opportunity to participate in a plethora of activities and advancements in our eight program areas.

Can't join your unit but still want to go?

If you are not able to attend with our Troop, camp welcomes you to attend on your own. Register online at www.heritagereservation.org or call the Camping Department on (412) 325-7921.

Dietary Needs

Please notify us of any special dietary needs or restrictions two weeks before your arrival using the form available online.

Medical Forms

Every participant must provide a copy of their annual health and medial form and a Heritage Supplemental Medical Form

What's Unique About Camp...

- Camp Freedom utilizes a dining hall
- Camp Liberty provides patrol cooking.
- For your swimming experience we have beautiful Lake Courage (no pool).
- Units are expected to be involved in activities throughout their stay, so please plan on assisting with campwide duties such as flag ceremonies, manning swim towers on the Waterfront, cleaning the shower building and maintaining a respectable campsite.
- First year Scouts should take Braddock's Brigade and one or two simple merit badges in their free time such as Basketry, Fingerprinting, Leatherwork or Mammal Study.
- Scouts who aren't First Class should sign up for Braddock's Brigade and merit badges.
- All Scouts should be given their own copy of their advancement schedules.
- Leaders should make sure that each Scout has chosen programs according to their interests and ability.
- Schedule merit badges/activities carefully to allow travel time in between classes.
- All Scouts taking merit badges should have their blue cards filled out and signed by an adult leader before arriving at camp.
- All Scouts should be made aware of their prerequisites
- All Scouts should read the merit badge pamphlet(s) before coming to camp.

Aquatics

Lake Courage provides the facilities necessary for swimming and boating. The Boardsailing, BSA award is new in 2010.

Braddock's Brigade

Our first year camper program, Braddock's Brigade offers opportunities to help young Scouts complete their Tenderfoot, Second Class and First Class Ranks. Braddock's Brigade is a full week program, and Scouts have the option of joining one of two groups for the week. Scouts may also come to the area during open program to work on individual requirements.

Central

Central offers merit badges for older Scouts looking for more of a challenge, including Home Repairs and Plumbing, new to Heritage in 2010.

Ecology-Conservation

Newly built nature centers serve as the center of the Eco-Con areas in each camp, offering a wide range of badges to the Scouts of Camp Freedom and Camp Liberty. Scouts are welcomed to come down and check out the research libraries as well as the zoos and aquariums kept each summer.

Field Sports

Archery and Rifle Shooting merit badges are offered at Field Sports, as well as the chance to participate in open shoots each afternoon.



Handicraft

Handicraft welcomes Scouts to their pavillions to work on crafts and other projects, as well as being a workshop for adults and Scouts of all ages throughout the week.

Scoutcraft

Scoutcraft showcases the best of Scouting skills: camping, cooking, orienteering, pioneering and wilderness survival. Stop by for skill demonstrations and activities throughout the week.



Special Programs

Heritage offers a wide variety of special programs for all ages of Scouts:

- Discovery - An overnight experience across Lake Courage
- Outpost - Available for troops or patrols to camp on the far side of the lake
- Iron Man - Test your courage in this grueling challenge
- Orienteering - Find the points set up by "Green Bar" Bill himself.
- Honor Camper, Patrol, Troop - Set goals and work to accomplish them as an individual and group

Open Program

Open program now runs from 3:30-5:30 each day, allowing more time for personalised instruction, extra help with projects and badges and more time to enjoy what each program area has to offer.

| | 9:00 | 9:30 | 10:00 | 10:30 | 11:00 | 11:30 | 2:00 | 2:30 | 3:00 | 3:30 | 4:00 | 4:30 | 5:00 |
|-------------------------------|---------------------------|--------------------------|--|--|--|--|---|---|------|------|------|------|------|
| Aquatics | Canoeing MB | Canoeing MB | Canoeing MB | Canoeing MB | Canoeing MB | Canoeing MB | Canoeing MB | Canoeing MB | | | | | |
| | Sailing MB | Sailing MB | Sailing MB | Sailing MB | Sailing MB | Sailing MB | Sailing MB | Sailing MB | | | | | |
| | SWIMMING MB | SWIMMING MB | SWIMMING MB | SWIMMING MB | SWIMMING MB | SWIMMING MB | SWIMMING MB | SWIMMING MB | | | | | |
| | LIFESAVING MB | LIFESAVING MB | Snorkeling BSA | Snorkeling BSA | Snorkeling BSA | Snorkeling BSA | LIFESAVING MB | LIFESAVING MB | | | | | |
| | Motorboating MB | Motorboating MB | Rowing MB | Rowing MB | Rowing MB | Rowing MB | Motorboating MB | Motorboating MB | | | | | |
| | Paddle Craft Safety | Paddle Craft Safety | Swimming & Water Rescue | Swimming & Water Rescue | Swimming & Water Rescue | Swimming & Water Rescue | Kayaking BSA | Kayaking BSA | | | | | |
| | Instructional Swim | Instructional Swim | Boardsailing BSA | Boardsailing BSA | Boardsailing BSA | Boardsailing BSA | Instructional Swim | Instructional Swim | | | | | |
| | Braddock's Brigade | | <i>Red Troop: Instruction, Practice and Evaluation</i> | <i>Red Troop: Instruction, Practice and Evaluation</i> | <i>Red Troop: Instruction, Practice and Evaluation</i> | <i>Red Troop: Instruction, Practice and Evaluation</i> | <i>Blue Troop: Instruction, Practice and Evaluation</i> | <i>Blue Troop: Instruction, Practice and Evaluation</i> | | | | | |
| Central Programs | Shotgun Shooting MB | Shotgun Shooting MB | Shotgun Shooting MB | Shotgun Shooting MB | Shotgun Shooting MB | Shotgun Shooting MB | Shotgun Shooting MB | Shotgun Shooting MB | | | | | |
| | Climbing MB | Climbing MB | Climbing MB | Climbing MB | Climbing MB | Climbing MB | Climbing MB | Climbing MB | | | | | |
| | Watersports MB | Watersports MB | Watersports MB | Watersports MB | Watersports MB | Watersports MB | Watersports MB | Watersports MB | | | | | |
| | Project C.O.P.E. | Project C.O.P.E. | Project C.O.P.E. | Project C.O.P.E. | Project C.O.P.E. | Project C.O.P.E. | Project C.O.P.E. | Project C.O.P.E. | | | | | |
| | Plumbing MB | Plumbing MB | Home Repairs MB | Home Repairs MB | Home Repairs MB | Home Repairs MB | | | | | | | |
| Ecology / Conservation | ENVIRONMENTAL SCIENCE MB | ENVIRONMENTAL SCIENCE MB | ENVIRONMENTAL SCIENCE MB | ENVIRONMENTAL SCIENCE MB | ENVIRONMENTAL SCIENCE MB | ENVIRONMENTAL SCIENCE MB | ENVIRONMENTAL SCIENCE MB | ENVIRONMENTAL SCIENCE MB | | | | | |
| | Mammal Study MB | Geology MB | Geology MB | Geology MB | Forestry MB | Forestry MB | Mammal Study MB | Mammal Study MB | | | | | |
| | Reptile & Amphibian MB | Weather MB | Weather MB | Weather MB | Fish & Wildlife MB | Fish & Wildlife MB | Nature MB | Nature MB | | | | | |
| | Oceanography MB | Bird Study MB | Bird Study MB | Bird Study MB | Astronomy MB | Astronomy MB | Archeology MB | Archeology MB | | | | | |
| | Rifle Shooting MB | Rifle Shooting MB | Rifle Shooting MB | Rifle Shooting MB | Rifle Shooting MB | Rifle Shooting MB | Rifle Shooting MB | Rifle Shooting MB | | | | | |
| Field Sports | Archery MB | Archery MB | Archery MB | Archery MB | Archery MB | Archery MB | Archery MB | Archery MB | | | | | |
| | Photography MB | Space Exploration MB | Space Exploration MB | Space Exploration MB | Sculpture MB | Sculpture MB | Leatherwork MB | Leatherwork MB | | | | | |
| Handicraft | Fingerprinting MB* | Leatherwork MB | Leatherwork MB | Leatherwork MB | Pulp & Paper MB | Pulp & Paper MB | Sculpture MB | Sculpture MB | | | | | |
| | Basketry MB* | Model Design MB | Model Design MB | Model Design MB | Photography MB | Photography MB | Art MB | Art MB | | | | | |
| | Woodcarving MB | Woodcarving MB | Woodcarving MB | Woodcarving MB | Space Exploration MB | Space Exploration MB | Woodcarving MB | Woodcarving MB | | | | | |
| | CAMPING MB | CAMPING MB | CAMPING MB | CAMPING MB | CAMPING MB | CAMPING MB | Fly Fishing MB | Fly Fishing MB | | | | | |
| Scoutcraft | Wilderness Survival MB | Indian Lore MB | Indian Lore MB | Indian Lore MB | Wilderness Survival MB | Wilderness Survival MB | Orienteering MB | Orienteering MB | | | | | |
| | <i>Fishing MB</i> | Pioneering MB | Pioneering MB | Pioneering MB | Cooking MB | Cooking MB | Cooking MB | Cooking MB | | | | | |
| | FIRST AID MB | COMMUNICATION MB | COMMUNICATION MB | COMMUNICATION MB | COMMUNICATION MB | COMMUNICATION MB | FIRST AID MB | FIRST AID MB | | | | | |
| Trail to Eagle | CIT IN THE NATION MB | EMERGENCY PREP MB | EMERGENCY PREP MB | EMERGENCY PREP MB | CIT IN THE NATION MB | CIT IN THE NATION MB | EMERGENCY PREP MB | EMERGENCY PREP MB | | | | | |
| | Public Speaking MB | American Heritage MB | American Heritage MB | American Heritage MB | Music MB | Music MB | Eagle Preparation | Eagle Preparation | | | | | |

CAPS: Eagle Required, **Bold**: new or returning, *Italics* : Revised requirements for 2010, * MB is offered Monday/Tuesday and again Wednesday/Thursday

What Campers Should Bring

- Sneakers/Hiking Shoes
- T-Shirts
- Underwear & Socks
- Jeans
- Long-Sleeve Shirts
- Pajamas
- Shorts
- Sweatshirt or Jacket
- Official Scout Uniform
- Swimsuit
- Towel
- Personal Hygiene items
- Sleeping Bag
- Pillow
- Hat
- Watch
- First Aid Kit
- Pocket Knife
- Sunglasses
- Sunscreen
- Rain Gear
- Insect Repellent (non aerosol)
- Flashlight
- Spending Money
- Fishing Gear
- Camera/Film (optional)

More Camping Opportunities

Visit www.heritagereservation.org to learn more about these exciting opportunities:

- Fishing Derby
- Rookie Camp
- Winter Weekends
- Beaver Weekend

Troop Specific Information

Throughout our history, we have been providing the best quality programs, and have become a home for many units, Scouters, Scouts and staff. This year, we will maintain the commitment to excellence that Heritage is known for, while going above and beyond with several new programs and services.

Delighted that your unit has chosen to take part in this experience, the directors and key leaders are busy planning an incredible program. We have an exceptional group of staff and directors returning, along with some new faces, to ensure we exceed your unit's expectations.