



HERITAGE RESERVATON



2017 GUIDEBOOK

Laurel Highlands Council, BSA
www.lhc-bsa.org/camping

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the Heritage Reservation 2017 guidebook

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***Selections in bold are new / changed; please take time to review.**

The Heritage Experience

a few words from the director of camping

Camp Leaders:

Thank you for choosing Heritage Reservation as your destination for summer camp. Our traditions began long before anyone ever dreamed of a multi-purpose Scout reservation. Camps like Anawanna, Semiconon, Twin Echo and others were all resident camps that led to the gem we now call Heritage Reservation. Opened in 1980, Heritage began serving Boy Scouts at Camp Liberty and Camp Freedom. After a pilot program that began in 1988, Camp Independence opened in 1992 to serve Cub Scouts and Webelos. In 2009, we expanded again with the addition of week-long high adventure programs to serve older Boy Scouts and Venturers at Eagle Base.

Throughout our history, we have been providing the best quality programs, and have become a home for many Scouts, Scouters, Units and Staff. This year, we continue the commitment to excellence Heritage is known for, while going above and beyond with several new programs and services.

We are delighted that your unit has chosen to take part in this experience, the Directors and Key Leaders are busy planning an incredible program. We have an exceptional group of staff and Directors returning- along with some new faces- to ensure we exceed your unit's expectations.

This guidebook provides you with details about our programs, procedures and services. Please read the guidebook thoroughly to prepare your unit to make the most of your adventure at camp.

I am excited, pleased and honored to serve as your Director of Camping. My ultimate goal is to ensure every Scout and Leader who comes through our gates has their very own "Heritage Experience." If you have any questions, concerns or comments feel free to contact me.

Thank you for choosing Heritage Reservation as your summer destination. See you at camp!

Mike Manner
(412) 325-7914
Director of Camping
mike.manner@scouting.org

teaching values
shaping leaders
building character
promoting citizenship



Our Camp Staff...Committed to Excellence!

Preparation Timeline

a schedule for proper unit planning

Right Now

- If you haven't already, submit your unit reservation and deposit to secure space.
- Inform all Scouts and their parents about your unit's summer plans. Liberty and Freedom units, be sure to inform the Webelos crossing over.
- Recruit at least two adult Leaders (one at least 21 or older) to be in camp at all times.
- Schedule a camp promotion through www.lhc-bsa.org/camping
- Schedule an OA Home Troop Election through www.lodge57.org. Per National OA policy, there will not be any elections held at camp. Elections should be held between January 1 and May 31.

February/March

- Attend Leaders Meeting: Cub Scout Leaders Meeting, February 22; Boy Scout Leaders Meeting, February 23. Meeting locations and details will be distributed in the future.
- Turn in all Campership Applications to Flag Plaza by March 1.
- Begin entering youth and adult camper names in the Online Registration System - Reservations without names after April 15 will be cancelled (pg 66).
- Prepare payments for April 1 due date (pg 66) to lock in the early bird rate.

April

- Full payments for youth and adults are due April 1 (pg 66) to receive the early bird rate.
- Units should consider each Scout's needs for advancement to help him in his camp advancement and activity planning.
- April 15, begin registering Eagle Base resident and Day Trek campers for their activity sessions online (pg 72).
- April 15, begin registering Camp Liberty and Camp Freedom campers for their advancement/activity sessions online (pg 72).
- Non-Laurel Highlands Council Units should ensure all forms are on file at your Council's office, including Tour Plans. Please bring your own Council's insurance form to camp.

May

- Send out final camp notices to parents including a copy of the parent's guide.
- Have Committee members visit parents of Scouts not registered to encourage their attendance with your unit, with another unit or with a provisional unit (pg 68).
- Work with each Scout in planning an advancement schedule and getting them started with the pre-camp work listed in this guidebook. Each adult who will be at camp should have a record of each Scout's advancement plan. Try to schedule Scouts with buddies when possible.
- Ensure that all Scouts and Leaders will have their BSA Annual Health & Medical Record and Supplemental Medical Form with updated doctor's signature before coming to camp.
- Pre-order Heritage Reservation Gift cards for Trading Post sales (pg 8).
- Finalize advanced Trading Post sales for 2017 Heritage gear (pg 8).

June

- Attend Beaver Service Day at Heritage Reservation on June 3 - Register Online at www.lhc-bsa.org/camping (pg 85).
- Fill out online dietary needs form for all Scouts with medical need for special meals.
- Fill out merit badge applications (blue cards) to be turned in at first merit badge class (Liberty and Freedom).

Two Weeks Before Camp

- Complete final unit planning survey at www.lhc-bsa.org/camping to inform us of your final arrival details. This helps us plan effectively for staffing and food.
- Check up on each Scout's pre-camp advancement work (Liberty and Freedom).
- Make last minute roster additions and advancement updates until one week before camp.
- Hold an inspection of personal packs and equipment and prepare unit equipment for camp.
- Prepare at least three copies of your final unit roster for camp and other leaders.
- Review transportation to ensure everyone has a ride to and from camp.
- Remind the Scouts of the behavior standards necessary for a Scouting trip.
- Be sure to have submitted any special dietary needs using the form on our website.
- Remind the Scouts to pack a lunch for the day you arrive unless you plan to stop to eat.
- Plan to arrive on time. Gates open at 12:30 p.m. Please arrive no later than 1:30 p.m.
- Collect all Scout & Leader Annual Health & Medical Records and Supplemental Medical Screening forms. You should send copies (NOT originals) to camp. Wristbands will not be issued until medical forms have been checked.
- Ensure everyone will have their medications in their original containers with a label containing the Scout's name and unit number.
- Ensure rides will be at camp to pick you up before 10:00 a.m. on your day of departure.

Preparation Suggestions

we strongly suggest you follow these in your planning

Leadership

- The Leaders (one of which needs to be 21 or older and a registered leader) who will be staying at camp should have some camping and Scouting experience.
- Have one additional Leader, 18 or older, for every 6 Boy Scouts and for every 4 Cub Scouts.
- Units attending Eagle Base will need to provide one 21 or older male leader for male participants and one 21 or older female leader for female participants.
- Each unit will need to provide a minimum of two adults unless you will be sharing leadership with another unit (must be pre-arranged with the LHC Camping Department).
- All adult leaders must have completed the Youth Protection, Risk Zone, and Hazardous Weather trainings.
- All adults attending camp must meet PA Background Clearance Requirements. See the FAQ for more details (pg 59).

Liberty and Freedom Advancement/Activity Sign-Up

- The summer camp coordinator should enter all advancement/activity selections for youth into the Online System beginning April 15 at 6:00 a.m. (pg 32-33 and 72).
- Merit badge classes are capped according to space and program materials.
- Scouts who aren't First Class can sign up for Trail to First Class and merit badges.
- All Scouts should be given their own copy of their advancement schedules.
- Leaders should make sure that each Scout has chosen programs according to their interests and ability.
- **Plan accordingly as sign-up for classes are first-come first-served with no waitlist.**
- Schedule merit badges/activities carefully to allow 10 minutes of travel to the next class.
- All Scouts taking merit badges should have their blue cards filled out and signed by an adult leader before arriving at camp.
- All Scouts should be made aware of merit badge and activity prerequisites (pg 34-39).

Eagle Base Day and Evening Activity Sign-Up

- The summer camp coordinator should enter all activity selections for youth and adults into the Online Registration System beginning April 15 at 6:00 a.m. (pg 72).

Preparation **Heritage Reservation Overview**

tall oaks from little acorns grow

Heritage Reservation, which opened in 1980, is home to four different types of camps on over 2,200 acres of beautiful woodlands in southwestern Pennsylvania.

Eagle Base During the summer months, the camps are put into use as resident camps, offering nationally renowned programs at Camp Independence (Cub Scouts and Webelos), Camp Liberty (Boy Scout patrol cooking), Camp Freedom (Boy Scout Dining Hall) and Eagle Base, our high adventure program (older Boy Scouts and Venturers).

Independence Heritage Reservation's centerpiece attraction is the 270-acre lake, providing plenty of room for boating, fishing, sailing, water-skiing and swimming. Located close to Nemaocolin Woodlands, Laurel Caverns and Ohiopyle, Heritage is a centrally located camp, with plenty to keep any unit or group busy for a weekend or a week at summer camp.

Heritage Reservation also has a conference center and nine split-entry houses available for rent by Scout units and outside groups. During the fall, winter and spring months, several pavilions and shelter areas are available for traditional camping, all reachable by vehicle.

Liberty/ Freedom Each of the camps is designed to be nearly self-sufficient, with their own office and facilities. To support these camps, Heritage does have a Central area that contains the administrative offices, ranger's shop and maintenance facility, Heinz Commissary and the Health Lodge. Heritage Reservation can accommodate 1,200 campers plus staff, and is considered to be one of the finest Scout camps in the Boy Scouts of America.

Important Changes for 2017

changes and improvements for you to be aware of

Heritage Reservation

- Revised early arrival policy for all units coming in on Saturday (pg 26).
- Revised campsite setup policy for all units coming to camp (pg. 45).

Camps Liberty and Freedom

- NEW Ecology and STEM program area (pg 37).
- NEW Scout Scholar area (pg 39).
- NEW Shooting Sports Center and rifle range (pg 36).
- Streamlined online scheduling process with clear capacities and no wait lists.

Camp Independence

- Jurassic Journey theme for all Cub Scout sessions (pg 17).
- NEW Packactivities independent self-led adventures for Cubs
- NEW Scoutcraft area showcasing Scout skills, handicrafts, and cooking demos
- Campsite foil meal removed from menu

Eagle Base

- ATV Adventure Day Trek Program (pg 13)
- Whitewater Merit Badge (pg 14)
- Increased capacities for our most popular TREK Activities



Are You New to Heritage Reservation?

information for new parents & leaders

- Our reservation offers Scouts of all ages and backgrounds the chance to experience the outdoors with 2 Boy Scout camps, 1 Cub Scout camp, and 1 High Adventure camp.
- For your swimming experience, we have beautiful 270-acre Lake Courage.
- Hikers can enjoy more than 12 miles of trails surrounding our lakes and forests.
- Camp helps to develop character, introduce new friends, teach valuable life skills, and helps boys discover new interests.

Are You New to Eagle Base?

information for new parents & leaders

- Eagle Base utilizes a cafeteria style Dining Hall that is self-serve (pg 47).
- You do not have to have high adventure experience to participate in our programs.
- We provide all program equipment. You provide all your personal gear (pg 10).
- These programs are much more active and physically strenuous than regular resident camp. Pay attention to the height/weight guidelines for your safety (pg 10).
- Many Treks require release forms signed by parents. They can be downloaded online at www.lhc-bsa.org/camping.

Are You New to Camp Independence?

information for new parents & leaders

- Camp Independence utilizes a cafeteria style Dining Hall with table waiters (pg 47).
- For your swimming experience, we have beautiful Lake Courage.
- Camp provides family activities to help foster family relationships and create memories that last a lifetime.
- Campers are assigned to a campsite and stay in platform wall tents with toilets and hot shower facilities nearby. Adults and youth sleep on cots.
- Homesickness is rare because the program is packed full. If it does happen, the staff is trained and ready to give extra individual attention.
- If parents cannot take the entire time off from work, their son can still attend with their unit. Scouts want to be at camp! Parents are encouraged to rotate their stays.

Are You New to Camp Liberty/Freedom?

information for new parents and leaders

- Camp Liberty utilizes the patrol cooking method and a central Commissary. Many units bring equipment to supplement the equipment provided by camp (pg 46, 48).
- Camp Freedom utilizes a family style Dining Hall with table waiters (pg 47).
- For your swimming experience, we have beautiful Lake Courage.
- Units are expected to be involved in activities throughout their stay, so please plan on assisting with camp wide duties such as flag ceremonies, manning swim towers on the Waterfront, cleaning the shower buildings and maintaining a respectable campsite.
- Advancement instruction starts on the times given in this book and allows 10 minutes for Scouts to move to their next activity (pg 32-33). Unless otherwise noted, merit badges meet Monday through Friday.
- Open Program is offered in the afternoon and allows Scouts to try new adventures and activities.

Preparation **Heritage Reservation Gift Cards**

an easy and secure way to shop at camp

Now available for purchase, Heritage Reservation Gift Cards are a safe and easy way to ensure your Scout is able to easily shop throughout their week at camp.



Scouts utilize the Trading Post for snacks, souvenirs, and program supplies, making it an essential part of the summer camp experience. Typically, Scouts can expect to spend \$100 during a week at camp.

Gift cards are sent to the Trading Post, and are utilized by the Scout giving his name and pin number (provided to the Scout in the Trading Post). Since they are stored in the Trading Post, unlike money, they cannot be misplaced!

Gift cards are available for purchase in denominations of \$25, \$50, and \$100 and make great gifts from parents, grandparents, and others. Unused balances may be carried over to next year.

For more information, or to order, visit <http://giftcards.heritagereservation.org>.

Advance Trading Post Sales

equip your Scouts with the essentials before camp

We've partnered with SG Trading Post to offer you the exciting opportunity to order some of our best selling items before you come to camp. Be one of the first units in town sporting our new 2017 Heritage Reservation gear!

Visit <http://shop.heritagereservation.org> to place an order by **June 1st**.

Ordering online in advance also gives you the option to customize your gear with troop numbers and Scout names.

Items can be direct shipped to your door or held at camp for pick-up - please allow 1-2 weeks for home shipment.

Advance Order Items for 2017

- 2017 Heritage Summer Camp T-Shirts
- 2017 Camp Independence Camp T-Shirts
- 2017 Eagle Base Wicking Shirts
- Heritage Reservation Hooded Sweatshirts
- Heritage Reservation Polo Shirts
- Heritage Reservation Jackets and Fleeeces
- COPE and Iron Man T-Shirts



To be sure that your order is received in time for camp, please order by June 1st at the latest.

Reservation Leadership

over 100 years of combined camp staff experience

Preparation

Eagle Base

Independence

Liberty / Freedom

Life in Camp

FAQ

Registration

Resources

Mike Manner - Director of Camping

Mike began with the Laurel Highlands Council as Director of Camping in February 2016 after serving as Council Program Director for the Pennsylvania Dutch Council in Lancaster PA. Mike served fourteen years as a camp staff member starting as a CIT and working up to becoming Camp Director at Camp Potomac before taking on further camp administrative roles. Mike is an Eagle Scout, holds the Venturing Silver and Leadership Awards, is Wood Badge trained, and Vigil member of the Order of the Arrow. Outside of Scouting, Mike is an active geocacher and huge bluegrass/folk/Americana music fan.

Josh Bromley - Reservation Director

After previously serving as Camp Director and working on several camp staffs, Josh returns as Reservation Director this summer. During the offseason, Josh lives in Charlotte, NC with his wife Jasmine and three children, Austin, Evan, and Isaac. When not at camp, he works as a high school mathematics teacher in Charlotte, NC. He is currently pursuing his doctoral degree in Education through Northeastern University and in his spare time, enjoys listening to jam bands.

Jeff Patrizio - Eagle Base Director

Jeff is an Eagle Scout and Vigil Honor Member of the Order of the Arrow who has served on camp staff for 23 summers. His years of experience range from Eco-Con, COPE/Climbing, and Trek to Chaplain, Program Director, and Camp Director. When he's not at camp, Jeff is the Chair of the Religion Department at Oakland Catholic High School, where he also coaches Ultimate. Scouting has strengthened in Jeff a deep love for both the Creator and His Creation, and he has devoted his life to sharing that love with his wife and two children.

Jacquelyn Schultz - Camp Independence Director

Jacque has been a volunteer with the Boy Scouts of America for the last 23 years and has been an active member of the Camping Committee for the past 11 years. Jacque is a Vigil member of the Order of the Arrow and a trainer for National Camp School for Day Camp. She has been the Day Camp Chairman for the Laurel Highlands Council for the last 7 years and is looking forward to bringing her energy and outlook to Camp Independence. Jacque lives in Dormont with her husband Keith and her sons Derek and Kyle.

Dave Weber - Camp Liberty Director

Dave will be serving as Camp Director for his fifth season at Camp Liberty. He has also been Camp Director for Camp Independence and has worked for the Reservation Central staff. Dave is also very involved in the LHC Camping Committee and is an active volunteer at Heritage Reservation all year around. Dave is a Sous Chef for Parkhurst Dining and works at Duquesne University in Pittsburgh.

Moses Talbot - Camp Freedom Director

Moses has been attending camp at Heritage for many years and has worked in Freedom for ten years, most recently as the Camp Director. Moses is a Brotherhood member of the OA and is a music teacher and classroom aide at Pressley Ridge School for Autism during the school year. In his spare time, Moses enjoys progressive rock music.

Eagle Base Resident Program

awesome adventures offered through Heritage Reservation

If you are ready to experience true high adventure, then our week long day-treks are for you! Offered from mid-June through mid-August, sessions start Sunday afternoon and end Saturday morning. These unique treks are available for Boy Scouts (age 13 and older) and Venturers. Your entire patrol, troop or crew can participate together or sign up on your own to participate with others.



Perfect for the novice or the experienced high adventure camper, our program is a base camp experience with a choice of exciting activities run by professional partner vendors and our staff during the day and an assortment of on-site programs in the evening. Campers are introduced to a variety of high adventure activities.

All treks will be led by experienced Trek Guides meeting Boy Scouts of America standards. Program gear needed for the treks is provided. Simply bring the required personal gear, a great attitude, and be ready for the experience of a lifetime.

Units attending Eagle Base will need to provide one 21 or older male leader for male participants and one 21 or older female leader for female participants. Each unit will need to provide a minimum of two adults unless you will be sharing leadership with another unit (this must be pre-arranged through the LHC Camping Department).

Required Personal Gear

Water bottle (1L)	T-Shirts	Swimsuit (one-piece for females)
Sunscreen	Underwear	Hygiene Items
Rain Gear	Socks	Insect Repellent
(2) Flashlights	Jeans	Sleeping Bag
Long pants	Pajamas	Pillow
Long Sleeve Shirt	Shorts	Watch
Boots (ankle covering)	Sweatshirt	Sunglasses
Shoes that can get wet	Jacket	Spending Money
First Aid Kit	Hat	Towel
	Scout Uniform	

Weather & Safety

Treks may encounter rapidly changing weather fronts ranging from fog to storms. However, weather is no deterrent to fun. Should Crews encounter a rainy day while on one of our treks, we'll continue with our activities the best we can. We will keep participants safe during foul weather, but it doesn't always change our normal activities.

Additional Details

- Bring completed Laurel Caverns, Seven Springs, and Wilderness Voyageurs release forms (online at www.lhc-bsa.org/camping).
- You must be a strong swimmer, and some boating experience is helpful. Participants must pass the Boy Scouts of America swimmers test on Sunday to participate.
- A leader in each unit must complete the "Weather Hazards" training offered online.
- Scouts who are interested in high adventure, but would prefer to camp with their units at Freedom or Liberty should refer to the Day Trek program description on page 36.

Eagle Base Check-In Process

how to make your first day at the greatest place on earth a smooth one

With many Scouts and Leaders arriving and checking in at the same time, we need your help. We want to make this the easiest, fastest and most efficient check-in process you've ever experienced. Staff will be available in the parking lot and at various check-in points to assist wherever needed.

Upon arrival at Heritage your unit will be directed to the parking area near Pathfinder Lodge and will be asked to wait there until 12:30 p.m. before proceeding with check-in. Please arrive prior to 1:00 p.m. to be able to complete all check-in procedures before dinner.

1. Units should report directly to Pathfinder Lodge with a complete roster, payment history and a form of payment for any unpaid fees. Unit bills will be settled at this time. Guest meals are paid during the week.
2. As soon as the registration matters are completed the staff will review your activity selections for the week. The final activity schedule will be published after dinner.
3. You will then continue to the medical recheck station in Pathfinder Lodge. Be sure to have all the medical forms, signed vendor release forms (www.lhc-bsa.org/camping), and proof of PA background clearances with you (pg 59). Be prepared to present a copy of everyone's forms for camp to keep in alphabetical order at the medical recheck station.
4. After your medical recheck, change into your swimming suits using the bathrooms provided, grab a towel, put on shoes, and move to the Independence Aquatics area for your swim tests. This is required for anyone to enter the Aquatics area and participate in offsite aquatics activities during your stay. Each camper will receive a buddy tag which must be used to enter the area.
5. Now you will visit the equipment room in Pathfinder to have your gear issued.
6. Return to your campsite, review and inspect camp issued gear with your campsite host, complete setup. Flag lowering will be at 5:50 p.m. with dinner following in Pathfinder Lodge.

Day and Evening Activity Confirmation at Eagle Base

- When you arrive, you will receive a print out of all your Scouts/Venturers/Scouters and what activities they are registered for according to the Online Registration System.
- See the Trek Director in Pathfinder Lodge on the day you arrive if questions should arise about your campers' activities or registration procedures.
- Any changes (additions, deletions, etc.) must be addressed by 4 p.m. at Pathfinder Lodge.
- Our staff will then enter any corrections into the online database so the sooner you turn your updates in the sooner we can provide you and our staff updated activity rosters.



Weekly Itinerary

Sunday

- 12:30 p.m. Check-in at Pathfinder Lodge
- 1:00 p.m. Pathfinder Lodge for medical re-checks and swim tests
- 2:00 p.m. Equipment checkout, set up camp at campsite
- 5:50 p.m. Flag lowering ceremony
- 6:00 p.m. Dinner at Pathfinder Lodge
- 6:45 p.m. Orientation Meeting at Pathfinder Lodge
- 7:15 - 8:45 p.m. Evening program
- 10:30 p.m. Taps

Monday - Friday

- 7:00 a.m. Reveille
- 8:00 a.m. Breakfast at Pathfinder Lodge
- 8:00 - 8:30 a.m. Trading Post Open
- 8:50 a.m. Meet at Pathfinder Lodge
- 9:00 a.m. - 5:00 p.m. Day Activities
- 12:30 p.m. Trail lunch
- 5:00 p.m. Return to Heritage
- 6:00 p.m. Dinner at Pathfinder Lodge
- 6:45 - 7:15 p.m. Trading Post Open
- 7:15 - 8:45 p.m. Evening program - Meet at Pathfinder
- 10:30 p.m. Taps

Saturday

- 8:00 a.m. Breakfast at Pathfinder Lodge
- 8:30 a.m. Check-out and depart for home



Weight Guidelines

Any participant who exceeds the maximum weight limits on the weight chart needs to reconsider participation in our trek programs as they are at extreme risk for health problems. Participants who fall within the guidelines are more likely to have an enjoyable program and avoid incurring health risks. The absolute weight limit for most of our programs is 300 pounds, with the exception being ATV Adventure at 215 pounds.

Height	Recommended	Maximum
60"	97 - 138 lbs.	166
61"	101 - 143 lbs.	172
62"	104 - 148 lbs.	178
63"	107 - 152 lbs.	183
64"	111 - 157 lbs.	189
65"	114 - 162 lbs.	195
66"	118 - 167 lbs.	201
67"	121 - 172 lbs.	207
68"	125 - 178 lbs.	214
69"	129 - 185 lbs.	220

Height	Recommended	Maximum
70"	132 - 188 lbs.	226
71"	139 - 194 lbs.	233
72"	140 - 199 lbs.	239
73"	144 - 205 lbs.	246
74"	148 - 210 lbs.	252
75"	152 - 216 lbs.	260
76"	156 - 222 lbs.	267
77"	160 - 228 lbs.	274
78"	164 - 234 lbs.	281
79"	170 - 240 lbs.	295

Resident and Daytrek Activities

Each day, several of the following activities will be offered. Schedules will be tailored to the individual preferences of each Scout. At least four participants including one adult are required for an activity to run. Each participant will select preferences with the online system prior to camp. The final schedule will be published at the Sunday orientation meeting.

ATV Adventure (3B)

Hit the trail on our newest program offered at Heritage. Participants will complete the ATV Safety Institute (ASI) Rider Course finishing each day with an adrenaline-pumping ride around the lake.



Canoeing (3B)

Put in at Connellsville and paddle down 15 miles of the Youghiogheny River. Float past historic industrial ruins before descending into an exceptionally scenic stretch between Dawson and Layton. See if you can spot an eagle!



Caving & Rappelling (4B)

Head to Laurel Caverns and spend the morning rappelling inside the cave. Then in the afternoon descend 46 stories of unlit, natural cave to the bottom of the mountain. A spelunker's dream!



Fly Fishing (1B)

Fly fisherman young and old, expert or new to the sport, will all have a fun experience. Spend the morning refreshing your skills and in the afternoon head to the lake to try them out.



Hiking (4A)

Get a taste of the Laurel Highlands with an 11-mile hike on some of the area's premier trails. Carry your food and water on your back and enjoy spectacular views, cool mountain streams, and amazing rock formations.

Kayaking (3B)

Using our 12-foot lake kayaks, explore as much of Youghiogheny Lake as you can. Stop for lunch, enjoy a refreshing swim, and see how much wildlife you can see.

Activity Level (#)

Each of the day and evening activities is ranked in regards to the physical activity and the skill level. The physical rating is from 1 to 5: 5 being the most strenuous activity and 1 being the easiest, not very demanding. The skill level is A to C with A demanding a high skill set and C being appropriate for all participants.

Day and Evening activity schedules can be found on pg 16.

Mountain Biking (5A)

Not for the weak of heart, get ready to hang on to the handle bars as you plummet down mountainsides, dodging rocks, jumping logs, fording streams, and splashing through mud holes.

Project C.O.P.E. (2B)

Get a taste of adventure at our newly expanded Project COPE course. Enjoy team building and challenging low course events. Then test your limits on our high course and zip-line.

Sporting Clays (1A)

Ready for a challenging shotgun experience? Try our sporting clays course, where clay pigeons fly from all directions. Challenge your friends or set a personal goal on our 100-round course. Vendor release form required.

Whitewater Merit Badge (3B)

Spend two days learning the fundamentals of white water adventuring. Day one will introduce you to the basics of reading the river and maneuvering your boat as you wind your way down the Class II rapids of the Middle Yough in tandem canoes. Day two will stretch your skills even further as you practice what you've learned in kayaks and ultimately brave the Class III rapids of The Loop in your inflatable "ducky". Remember to bring a Blue Card!

Whitewater Rafting (3B)

Whitewater rafting at its finest! Whether this is your first trip or your tenth, the Lower Yough has plenty to offer, including surfing waves, hitting holes, catching eddies and dropping over waterfalls. After a safety briefing, follow the river guides down seven and a half miles of Class III+ whitewater. You WILL get wet! Vendor release form required.



The summer camp coordinator should enter all day and evening activity selections for youth and adults into the Online System beginning April 15 until one week before camp (pg 72).



Resident Camper Evening Activities

Each evening, several of the below activities will be offered. Schedules will be tailored to the individual preferences of each Scout. At least four participants including one adult are required for an activity to run. Each participant will select preferences with the online system prior to camp. The final schedule will be published at the Sunday orientation meeting. **These activities are only for Eagle Base resident campers.**

3D Archery (1C)

Test your marksmanship skills as you traverse our simulated hunting trail. Take your shot at a variety of animal and archery targets as you compete against your fellow Scouts and Scouters for the highest score.



Black Powder Rifles (2C)

Ready, aim, fire: Journey back in time and shoot black powder rifles. This is an experience a lot of Scouts do not get a chance to try - and you need not have experience to participate!



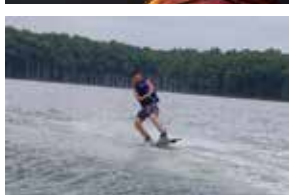
Campfire / Free Night / Relax (1C)

This is your night off. If your day activity has left you exhausted and sore, take the time to recover. Venture to the Boy Scout camps or just relax around your campfire.



Climbing (3C)

Try your skills on our 30-foot climbing tower. There are three different sides of the wall, two to climb with varying degree of difficulty and one to rappel down the tower. Grab your helmet and harness and join the fun.



Open Swim

Enjoy a swim in Lake Courage after a hard day on the trail or just relax and enjoy the cool water. Perhaps a game of water volleyball? Fun for all levels.



Pistols (2C)

For Scouts registered in a Venturing Crew, we offer a unique opportunity to shoot pistols. Several different targets make it a challenge.

Sunset Kayaking (3B)

Kayak on Lake Courage and spend the evening exploring the lake and learning about the Laurel Highlands from one of our trek guides.



2017 Eagle Base

Day Programs (Resident Campers and Day Trek)

(#) Capacity	Monday	Tuesday	Wednesday	Thursday	Friday
	Whitewater MB (18)	Whitewater MB (18)	Whitewater Rafting (48)	Whitewater Rafting (48)	Fly Fishing (12)
	Caving & Rappelling (20)	Hiking (20)	Spouting Clays (20)	Canoeing (14)	Caving (20)
	Kayaking (18)	COPE (12)	Mountain Biking (12)	Mountain Biking (12)	Kayaking (18)
	ATV Adventure (6)	ATV Adventure (6)	ATV Adventure (6)	ATV Adventure (6)	ATV Adventure (6)

Evening Programs (Resident Campers only)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Water Skiing (8)	Shotgun Shooting (8)	Black Powder (8)	Project COPE (8)	Pistol Shooting (9)	Game Night
Climbing (12)	3D Archery (8)	Water Skiing (8)	Rifle Shooting (8)	Zip Line (12)	Campfire
Open Swim (30)	Sunset Kayak (18)	Sunset Kayak (18)	Pontoon Fishing (12)	Open Swim (30)	Free Night
Free Night	Free Night	Free Night	Free Night	Free Night	Free Night

Preparation

Pontoon Fishing (1C)

This is an enjoyable cruise on Lake Courage with one of our pontoon boats. Try your hand at fishing our hot spots or just an enjoyable evening on the 270-acre lake, your choice.

Eagle Base

Project COPE (3B)

Challenge your group of Scouts with teamwork, problem solving, and various tests of agility and individual skills.

Independence

Rifle Shooting (2C)

Try your luck with our .22 Rifles. Can you shoot a bulls-eye? Work with our qualified instructor and get five shots inside of a quarter.

Liberty/ Freedom

Shotgun Shooting (2C)

Never fired a shotgun? No problem. Come out to Springfield Armory and shoot a shotgun with a qualified instructor, and see how many clays you can hit!

Life in Camp

Water Skiing (4B)

Want to try to ride the waves? Here is your chance to give water skiing or wakeboarding a chance. Learn from our qualified instructor and see if you have what it takes to get up on those skis or board.

FAQ

Zip Line (2C)

The adrenaline starts 20 feet off the ground, when you are suspended from a cable and start to move at speeds close to 20 miles an hour towards Lake Courage. Want to do it again? Go for it.

Registration



Resources

* See pg 13 for Activity Levels (#)



The summer camp coordinator should enter all day and evening activity selections for youth and adults into the Online System beginning April 15 until one week before camp (pg 72).

Camp Independence Program

premier Cub Scout camping destination

Welcome to Camp Independence! I look forward to having you join me on a Jurassic Journey through the uninhabited wilderness that surrounds Lake Courage!

All year long you've been helping me in my quest to find all of my lost dinosaur eggs and had a lot of fun doing it. Here at Camp Independence you can expect a lot of adventure and excitement as we continue on our journey together.

Grab your dino-digging tools, binoculars and your love of exploring the unknown and help me and my friends uncover the past while enjoying all of the fun and challenging things that Camp Independence has to offer.



A Jurassic Journey awaits you at summer camp this year. Together we will go on expeditions, dig up lots of fun, and by the time you go home, I think you will agree...DINOSAURS ROCK!

See you at camp,

Tyler Rex



While At Camp Independence

all the basics on the program for your stay at camp

Daily Program Schedule

Units in each campsite will follow a unique schedule rotating through program areas together. The schedule below shows a typical day. Variance between each day comes in your activities from 9 a.m. - 12 p.m. and 2 - 5 p.m. and in your evening program.

	Full Day		Check-in Day
7:00 a.m.	Reveille	12:30 - 4:30 p.m.	Check-in
7:40 a.m.	Waiters report to the DH	4:30 - 5:40 p.m.	Campwide Event
7:50 a.m.	Flag raising ceremony	5:50 - 6:00 p.m.	Flags
8:00 - 8:30 a.m.	Breakfast	6:00 - 6:30 p.m.	Dinner
8:45 a.m.	Adult meeting	7:15 - 8:30 p.m.	Campfire
9:00 a.m. - 12:00 p.m.	Program area visits	8:45 - 9:30 p.m.	Adult Meeting
11:00 a.m.	Sick call	10:00 p.m.	Taps
12:10 p.m.	Waiters report to the DH		
12:30 - 1:00 p.m.	Lunch		Check-Out Day
1:00 - 2:00 p.m.	Siesta	6:30 p.m.	Reveille
2:00 - 5:00 p.m.	Program area visits	7:00 - 7:30 p.m.	Breakfast Delivered
5:40 p.m.	Waiters report to the DH	7:30 - 8:00 p.m.	Breakfast
5:50 p.m.	Flag lowering ceremony	8:00 - 10:00 p.m.	Check Out
6:00 - 6:30 p.m.	Dinner		
7:30 p.m.	Campfire (Last night)		
7:00 - 8:30 p.m.	Open Program		
10:00 p.m.	Quiet time		

Preparation Independence Eagle Base Life in Camp Liberty/Freedom Registration Resources

Independence

Independence Check-In Process

how to make your first day at the greatest place on earth a smooth one

With many Scouts and Adults arriving and checking in at the same time, we need your help. We want to make this the easiest, fastest and most efficient check-in process you've ever experienced. Staff will be available in the parking lot and at various check-in points to assist wherever needed.

1. **Please arrive as a group** prior to 1:00 p.m. to be able to complete all check-in procedures before 4:30 p.m. Upon arrival at Heritage your unit will be directed to the lines forming at the respective camp gates and will be asked to wait at the parking lot until 12:30 p.m. before proceeding to the camp.
2. A member of the staff will meet you in the parking area and direct you to your campsite. There, you will meet your site guide who will then assist and lead your unit throughout the entire check-in procedure as well as give you a tour of camp so everyone is familiar with where things are located.
3. The unit leader responsible for all registration matters will report directly to the Program Hall with a complete roster, payment history and a form of payment for any unpaid fees. Unit bills will be settled at this time. Guest meals are paid during the week.
4. The rest of the unit will move into your campsite with your gear. Only one vehicle per unit will be allowed to go past the parking lot and into your campsite. Unit trailers are allowed in most sites and must be parked in designated areas.
5. As soon as possible, change into your swimming suits, grab a towel, put on shoes and continue to the medical recheck station. (You can come to camp wearing your swimsuit to save time.) Be sure to have all the medical forms and proof of PA background clearances with you (pg 59). Be prepared to present a copy (NOT originals) of everyone's forms for camp to keep in alphabetical order at the medical recheck station.
6. After your medical recheck you will have your Dining Hall orientation.
7. Next move to the Aquatics area for your swim tests. This is required for anyone to enter the Aquatics area during your stay. Each camper will receive a "buddy tag."
8. Return to your campsite, review and inspect camp issued gear with your campsite host, complete setup and get prepared for the campwide games at 4:30 p.m. behind the Dining Hall.
9. Flag lowering will be at 5:50 p.m. with dinner following. Please wear your complete uniforms to Campfire and dinner.



At least one adult from every Pack or Den will need to attend the Adult Meeting after the Opening Campfire at the Program Hall.



Aquatics

The Aquatic area is designed to test a Scout's "Endurance and Courage" as they focus on activities surrounding Lake Courage and in Independence Cove. Please note that most activities require taking the National Boy Scouts of America swimming ability test. This test will classify you at a particular swimming ability level. Certain activities in this area require specific swimming ability levels. (pg 52)

Cub Scout Activities

- The Huck Finn Raft is our 15+ person raft that you can paddle around the lake just like Huck Finn and Tom Sawyer. Compete in the boating challenge - how many times can you spin the Huck Finn?

Cub Scout and Webelos Activities

- Swimming: Learn some new water games or try to enhance your skills to increase your ability level.
- Row Boating: Use one of our camp row boats to paddle around Lake Courage.
- Fishing Piers: Try to catch the big one from the shores of Independence Cove or from one of our many fishing piers. There is a camp competition for the largest fish caught throughout the week.
- Paddle boat: you and your buddy patrol the water front by peddle power.

Webelos Activities

- Canoeing: Learn some basic canoeing strokes and try to navigate the canoeing course.
- Kayaking: Learn the basics of kayaking on Lake Courage
- Polar Bear Swim: Join us for an early morning swim at 6:30 a.m. - day to be announced

Basic Rules

- All waterfront activities will take place in authorized areas under the direct supervision of the Aquatics staff. Anyone violating this rule will be dismissed from camp immediately.
- The use of all watercraft is restricted to when staff has opened the beach and proper supervision is present.
- If the waterfront is closed, no one is to walk on the beach or go through the perimeter.
- The Buddy System will be used at all times.

Fishing Guidelines and Policies

- Adult supervision is required.
- Fishing docks are across from the swimming area.
- Fishing is not permitted in or near the swimming areas. Lines should not be cast toward the swimming area ropes or flotation devices. Fishing is not permitted from canoes, funoes or swimming and boating docks.
- No casting from piers or rowboats- only dropline fishing.
- No live bait, except worms.
- The trading post sells bait and fishing supplies.





Outdoor Adventure

Cub Scout and Webelos Activities

- **Bouldering:** Practice the art of Bouldering on our bouldering wall before you test your skills on our bouldering course.
- **Sports:** Time is scheduled to enjoy a variety of athletic sports such as soccer, basketball, volleyball.
- **Sponge Wars:** join us at Fort Washington for a wet and wild adventure testing your agility and reflexes in an all-out wet and wild sponge war!
- **Disability Awareness:** This unique program will present Scouts with the opportunity to gain perspective to the unique world around them.

Webelos Activities

- **Climbing:** The Climbing area is designed to safely introduce Scouts to a new adventure while working on teamwork and physical challenges. Scouts can harness up and don a helmet to scale the climbing wall. Several different routes are available and tailored to individual skill levels.
- **BMX Course:** Race around our BMX track and compete against your friends as you pass through hairpin turns and traverse obstacles.



Shooting Sports

The Field Sports area is designed to test a Scout's "Skill and Marksmanship" as they are introduced to range activities including safety, accuracy and positioning.

Cub Scout and Webelos Activities

- **Archery:** Safely use archery equipment and shoot at stationary targets while earning the new Den appropriate patch and pin.
- **Sling Shot Range:** Use camp sling shots to shoot provided ammunition at targets.
- **Rock Throwing:** The ONLY place you can put your rock throwing skills to the test.
- **BB Gun:** Test their marksmanship skills and learn safe shooting while earning the new Den appropriate patch and pin.

Webelos Activities

- **Pellet Rifle Shooting:** Test your aim at one of our spinning targets in our interactive shooting gallery.
- **Action Archery:** Adventure through the forest and take your aim at challenging and fun targets on our new range.



Ecology Conservation

The Ecology area is designed to test a Scout's "Knowledge and Honor" as they participate in adventures in the outdoors.

Cub Scout and Webelos Activities

- Nature: Introduce yourself to the natural world of Camp Independence on our exciting nature hike and in our outdoor laboratory and nature center. Explore the diverse ecosystem that surrounds you at camp as you learn about the local wildlife and forest.
- Astronomy: Take a walk through the stars with one of our staff members - can you find all of the constellations?
- Underground Mine: Grab a helmet and learn about geology and the history of our earth

Webelos Activities

- Outdoor Ethics: Learn about Leave No Trace and what you can do to keep our camp as well as your own neighborhood healthy.



Scoutcraft

The Scoutcraft area encompasses introductory Scout skills and opportunities for handicraft projects. Cub Scouts will also have the chance to participate in activities that build character and citizenship, as well as learn basic first aid skills.

- Scout Skills: Learn how to tie knots, build fires, and cook a meal in the outdoors.
- Whittlin' Chip: Practice knife skills and safety as you learn responsible knife use
- Citizenship: Work together to learn what it takes to be a good citizen in your community, as well as flag care and etiquette
- Handicraft: Stamp, hammer, and craft your honor necklace totem that you'll use to keep track of all of your adventures at camp.



Packactivities

Enjoy these self-guided adventures with your fellow Cub Scouts:

- | | |
|----------------------|----------------------|
| • Frisbee Golf | • USS Constitution |
| • UPMC Fitness Trail | • Hillbilly Golf |
| • Gaga Ball | • Map and Compass |
| • Fishing | • Tug of War |
| • Dinosaur Roping | • Campsite Free Time |



Campwide Programs

Campwide Event 4:30 - 5:40 p.m., Check-In Day, Parade Field - All Sessions

Kick off your program with a variety of activities based on the Camp Independence theme. Work as part of a team, and do your best to accomplish tasks together in your den or pack.

Opening Campfire, 7:15 - 8:30 p.m., Council Circle - All Sessions

After dinner join us in an exciting welcome to camp and meet the staff! Celebrate your arrival at Camp Independence with skits, songs, and cheerful interaction with your fellow Cub Scouts.

Star Gazing, 9:45 - 10:15 p.m., Nature Shelter - All Sessions

Weather permitting, join us for a look at the night sky and learn about stars, galaxies and the Milky Way. Day announced at the leaders' meeting.

Open Program, 7:00 - 8:30 p.m. - All Sessions

So many choices and so much fun! You are free to roam and choose from archery, BB guns, slingshots, rock throwing, BMX biking (Webelos), Climbing (Webelos), swimming, boating and fishing.

Closing Campfire, 7:30 - 8:30 p.m., Campfire Circle - All Sessions

After dinner join us in a joyous celebration at the closing campfire. Participate and watch the staff perform in this great event.

Acorn Challenge - Webelos Sessions

Complete ten of sixteen tasks- earn your patch and bragging rights.

Flag Ceremonies - 7:50 a.m. and 5:50 p.m. daily - All Sessions

Each day, we will have flag raising and lowering ceremonies. For the flag lowering and evening meal please wear your complete Scout uniform. Scouts may assist with the 13 colonies on a first come first serve basis. Webelos may sign up in the Program Hall to raise or lower the American, Camp Independence or Laurel Highlands Council flag.

Honor Necklaces - Scoutcraft - All Sessions

On the first day in camp, each Scout will make their own Honor Necklace. The rounder, beads, claws, and special totems will help to mark your achievements throughout the week.

Boy Scout Camp Hike - 4-day Webelos Sessions

Second year Webelos have the option of hiking to Camp Liberty or Camp Freedom. You will enjoy lunch at the Boy Scout camp and will receive a tour of next year's program. The hike will take all morning and part of the afternoon, therefore, you must be willing to forfeit a few other scheduled programs. Be prepared to sign up Scouts with the Program Director during check-in. Accurate numbers are important to ensure your meals are in the right location.



The Role of the Adult

The success of all of our Cub Scout campers depends a lot on your help and support as you guide them through the camp experience. Here are some helpful things to assist you in getting the most out of your time here at camp.

Have Fun!

Camp is a place for you to have fun with your Cub Scouts! Be involved in the program areas throughout the day and join in by helping and guiding the Cub Scouts in their experience. There will be lots of opportunities for you to participate.

Help Us Help You

We understand that your own unit's interests are the number one priority, but we welcome your assistance to make Heritage even better. We ask that you help contribute to the camp with any special skills that you have. Help is always appreciated within program areas, advancement instruction, guarding on the Waterfront and service projects. Communicate any questions or issues to us in a timely manner so we can help resolve them.

Adult Meetings

Not just for leaders anymore - at least one leader, parent, or adult from each unit is encouraged to attend our informational meetings held daily at the Program Hall. You will learn more about what is going on at camp, and have an opportunity to ask questions that will enhance your experience during the week.

Youth Protection

- All adults attending camp must complete BSA Youth Protection training in advance.
- Two-Deep leadership requirements must be met at all times. This means at least two adults need to attend camp with the Pack/Den, one of whom must be 21 years of age and be a registered leader with the BSA. The other adult must be 18 years of age.
- A 4:1 ratio of Cub Scouts to adults in camp must be maintained at all times.
- Every Cub Scout in camp must have an adult that is responsible for them.

PA Background Check and Clearances

All adult PA residents who will be staying at camp, whether registered with the BSA or not, will have to complete and submit required PA background clearances. This helps ensure that camp is in compliance with Pennsylvania state law and helps ensure the highest level of protection for youth participants. Parents simply dropping off or picking up their children or visiting do not need clearances. Volunteers from outside of Pennsylvania are exempt provided they do not work with youth in PA more than 30 days in the calendar year and meet background check requirements of their state of residence. For more information and required forms see the Summer Camp Resources page (www.lhc-bsa.org/camping/resources).

Shower and Bathroom Facilities

Separate facilities exist for Cub Scouts and Adults. At no time, under any circumstances are adults permitted to enter the youth facilities, or youth allowed to enter the adult facilities. Doing so constitutes a major violation of the BSA Youth Protection policies and may result in removal from camp.

Role of the Den Chief

helping the Cub Scouts and Webelos to have a great time

Den Chiefs play an important role in camp. Not only do they help the adults keep the boys on task but they are seen as role models to the younger boys. They tell stories of Scouting's trail that await them. Use these guidelines to orient your Den Chief's role to his role in camp:

- Help the program for the Cub Scouts run smoothly
- You are an example and role model, not a Cub Scout. Explain/Demonstrate/Guide/Enable Scout skills
- Safety: Help Scouts learn the rules of camp
- Help build camp spirit and positive teamwork, cooperate with adults and staff

Youth Protection

- Help keep boys together, emphasize the buddy system at all times
- Observe and help your unit keep proper shower procedures
- Never scream at, shout at or hit any Scout
- Be a friend, be supportive, but avoid wrestling or horseplay
- Communicate with adults about any problems or homesickness
- Don't scare Cub Scouts with pranks or stories

Issues for Den Chiefs to Watch Out For

- No knives for Cub Scouts without adult supervision and a Whittlin' Chip
- No fires, matches or food of any kind in tents
- Work with adults and unit to adhere to camp schedule
- Help boys understand how to behave at Campwide events and also at the campsite
- Help Scouts understand when to quiet down and go to bed

Role of the Den Chief at Program Areas

Shooting Sports

- Do not expect to shoot
- Help boys or parents who need help
- Show example by listening to the staff

Aquatics

- Be prepared to assist staff as additional guards (you know your Scouts)
- Do not engage in horseplay
- Help to organize boys at check-in area

Program Areas

- Show interest and excitement (it's contagious)
- Let the Scouts do it, but be prepared to help any boy having problems
- Be prepared to assist the staff in organizing these activities
- Have fun, but be safe

Service Projects

- Encourage the unit to participate
- Help lead and organize

Climbing / BMX

- Assist with harnesses and helmets

Packactivities

- Help teach the Scouts the rules of each game or activity
- Ensure everyone is participating fairly
- Show good sportsmanship

Dining Hall

- Help encourage proper behavior
- Show good manners
- Be positive about the food.

Campsites

- Demonstrate fire safety
- Set a good example by encouraging Scouts to keep the campsite clean



Liberty and Freedom Program

finest Boy Scout camping in the nation



Camp Freedom is our Boy Scout resident camp with a 450-seat Dining Hall serving family style meals. Scouts stay a period of six days and have opportunity to participate in a plethora of activities and advancements in our eight program areas.



Camp Liberty is our Boy Scout resident camp that focuses on the patrol method. Scouts prepare their own meals as patrols

in the campsite. The ingredients are provided by camp and picked up from the Commissary. Scouts stay a period of six days and have opportunity to participate in a plethora of activities and advancements in our program areas.

While At Liberty or Freedom

all the basics on the program for your stay at camp

Liberty Daily Schedule

7:00 a.m.	Reveille
7:00 a.m.	Food pick-up
7:45 a.m.	Flag raising
8:00 - 8:30 a.m.	Breakfast
9:00 a.m. - 12:00 p.m.	MBs / Activities
9:15 - 9:45 a.m.	Leaders' meeting
10:00 a.m.	Sick call
12:00 p.m.	Food pick-up
12:30 - 1:00 p.m.	Lunch
1:00p.m.	SPL Meeting
1:00 - 2:00 p.m.	Siesta
2:00 - 3:30 p.m.	MBs / Activities
3:00 - 5:00 p.m.	Open program*#
5:00 p.m.	Food pick up
6:00 - 6:30 p.m.	Dinner
7:15 p.m.	Flag Lowering
7:25 p.m.	Evening program
10:30 p.m.	Taps

Freedom Daily Schedule

7:00 a.m.	Reveille
7:40 a.m.	Waiters report to DH
7:50 a.m.	Flag raising
8:00 - 8:30 a.m.	Breakfast
8:45 - 9:15 a.m.	Leaders' Meeting
9:00 a.m. - 12:00 p.m.	MBs / Activities
9:00 a.m.	Sick call
12:00 p.m.	SPL meeting
12:10 p.m.	Waiters report to DH
12:30 - 1:00 p.m.	Lunch
1:00 - 2:00 p.m.	Siesta
2:00 - 4:00 p.m.	MBs / Activities
3:00 - 5:00 p.m.	Open program*#
5:40 p.m.	Waiters report to DH
5:50 p.m.	Flag lowering
6:00 - 6:30 p.m.	Dinner
7:15 p.m.	Evening program
10:30 p.m.	Taps

*Shooting Sports and COPE/Climbing areas are open for merit badge participants only.

#Open program times may vary by area. Reference the area schedule for details.

Leaders' Meetings

In order to share important information and answer leader questions a unit leaders' meeting is scheduled each day (except check-out day) in camp. We will meet in the Program Hall (6:45 p.m. on check-in day) to review the day and discuss tomorrow's activities.

Senior Patrol Leader Meetings

In order to help strengthen the youth leadership in your unit, a senior patrol leaders meeting is scheduled. We will review the day and discuss tomorrow's activities.

Liberty and Freedom Check-In Process

things to help you prepare for a fun, safe week

There are as many as 1,200 campers plus 180 staff sharing Heritage Reservation with your unit during an average week of camp. It is essential that we all follow some basic guidelines, procedures and policies to make sure everyone has a great time while here. Our common Scouting bonds are the Scout Oath and Law.

Saturday Early Arrival

guidelines for troops that check-in early

As a courtesy, the Laurel Highlands Council Camping Committee has made early arrival available for units travelling to camp. Early arrival is intended for units in need of religious accommodations, units travelling from a great distance, and for small unit leadership corps (SM, ASM, JASM, SPL, PL) to prepare and setup campsites prior to the arrival of the rest of the unit.

There is a \$50 fee per unit for early arrival (for up to 10 people). Extra people arriving early will be charged \$10 each. Meals are not provided.

- All early arrivals must complete the online early arrival request form at www.lhc-bsa.org/camping.
- Plan to arrive between 3 p.m. and 5 p.m. Please don't arrive prior to, or after this time. This is the only time during which the vehicle access gates will be open.
- You may park your unit trailer in the designated area for your campsite if it has one. Other vehicles must return to the parking lot before the gates close at 5 p.m.
- When arriving at camp, a unit leader must check in at the Program Hall.
- Each unit must have two adult leaders to meet youth protection guidelines.
- All program areas are off limits! No swimming is allowed. No program equipment can be requested until 12:30 p.m. on Sunday.
- Heritage vehicle access policy is enforced for all early arrivals. Only one vehicle at a time is permitted to travel to the unit's campsite, and a strict 10 MPH speed limit is enforced.
- You may use an equipment cart to haul your gear to your site on Saturday. When finished, please return it to where you found it.
- Your campsite has been set up according to the map provided on the bulletin board. If you choose to move equipment, please do so knowing that you must reset the campsite as it was before checking out on Saturday.
- Please be courteous to units that have not yet arrived in camp by respecting their campsites and equipment.
- **On Sunday you will continue with the check-in process (pg 27).**



At least one leader from every troop will need to attend the Leaders' Meeting on Sunday at 6:45 p.m. in the Program Hall.

Check-In Day

how to make your first day at the greatest place on earth a smooth one

With many Scouts and Leaders arriving and checking in at the same time, we need your help. We want to make this the easiest, fastest and most efficient check-in process you've ever experienced.

1. Upon arrival at Heritage your unit will be directed to your camp's parking lot so that you may begin to move in on foot using our trek carts. Gates will open at 12:30 p.m. to allow in one vehicle per campsite. **Any Scouts or leaders participating in the full week Eagle Base program should be dropped off at Pathfinder Lodge near the main entrance.**
2. A member of the staff assigned to be your host will first visit your campsite and then the parking lot to meet your unit. They will then assist and lead your unit throughout the entire check-in procedure as well as give you a complete tour of camp so everyone is familiar with where things are located.
3. The unit leader responsible for all registration matters should report directly to the Program Hall with a 4 copies of the unit roster, any advancement changes, and a patrol breakout for Patrol Cooking (Liberty). Other fees including guest meals and Order of the Arrow are paid during the week. Advancement changes for Scouts are subject to class capacities.
4. Medical checks will take place in your campsite. A member of our medical check staff will visit shortly after you've moved in. Be prepared to present a copy of everyone's forms for camp (BSA Medical Form Parts ABC, Supplemental Medical Form) as well as proof of PA background clearances (pg 59) in alphabetical order. After a successful medical check, each Scout or Scouter will be issued a wristband.
5. Change into your swimming suits, grab a towel, put on shoes and continue to Aquatics for swim tests. On the way to Aquatics, the camp tour will make stops at the Dining Hall (Freedom), the Commissary (Liberty), and the Quartermaster building to share useful information for your week at camp.
6. After arriving in the Aquatics area, you will receive a brief orientation. This is required for anyone to enter the Aquatics area during your stay. After swim tests, each camper will be assigned a "buddy tag" which stays on the buddy board in the area.
7. Return to your campsite, review and inspect camp issued gear with your campsite host, change clothes for the evening meal (Scout uniform), and finish your campsite set-up. **Day Trek participants must meet at their respective Program Hall for an orientation meeting with signed release forms available on-line. Freedom 4:00 p.m. Liberty 5:00 p.m.**
8. Flag lowering will be at 5:50 p.m. with dinner following. Camp Freedom in the Dining Hall and Camp Liberty will have a camp wide picnic meal near the Commissary.

Advancement Sign-Up at Camps Liberty and Freedom

- Upon request, you will receive a print out of all your Scouts/Scouters and what merit badges/activities they are registered for according to the Online Registration System.
- See someone in the Program Hall on the day you arrive for questions about what advancement opportunities your Scouts should take or registration procedures.

The Courage Conquest

a fun and innovative way to recognize achievements



The Courage Conquest is a recognition program aimed at Boy Scouts attending Camp Liberty and Freedom during the summer. By participating in various events throughout the week, different pebble patches are earned and can be displayed on the hexagonal patch pictured above.

Upon check-in, all Scouts and leaders will receive the 2017 center patch and their camp pebble patch for free. Additional pebble patches can be earned throughout camp, or purchased in the Trading Post for \$1 each. The hexagonal Velcro backing can also be purchased in the Trading Post for \$3.

Pebbles for 2017

Awards

- Honor Camper Award
- Polar Bear Award
- Scoutmaster Merit Badge
- Outstanding Acorn Service Award
- Iron Man Award

Program Area Special Events

- Ecology and STEM (Robot Race)
- Scoutcraft (Cast Iron Chef)
- Handicraft (Go Fly a Kite)
- Scout Scholar (Flag Retirement)
- Shooting Sports (Hawk Knife Challenge)
- Trail to First Class (Tie Dye)
- Aquatics (Aqua Relay)

Activity Pebbles

- Pirate Breakfast
- 3D Archery
- Sporting Arrows
- Chalk Ball
- Geocaching
- Orienteering
- COPE
- Day Trek
- Order of the Arrow

In addition to earned pebbles, a wide selection of special interest pebbles are available for purchase in the trading post.

Advancement in Camp

very important stuff, please read carefully!

One of the methods of Scouting is to foster healthy association with proper role models. The genius of Scout advancement stems from the opportunity to visit with a counselor and share in the friendship, encouragement and expertise he or she may offer the Scout.

Supporting Scouting's advancement philosophy, opportunities offered at camp are geared principally to rank advancement and merit badge subjects related to the outdoors where resources are more readily available than at home.

Advancement is not the principal objective of the camp program. There needs to be time for fun and to bring a positive, successful, outdoor camping experience to all Scouts and leaders. If a Scout comes to camp and does nothing but work towards advancement, the program is certainly incomplete.

Troop leaders should be sensitive to the capacity of the individual and assure that the program he pursues is appropriate to rank and age. A first year camper could work on a few merit badges such as Leatherwork, Fingerprinting, Fish and Wildlife, or Mammal Study. He can also work towards advancement at the Trail to First Class program.

Troop leaders with skills in offered merit badge topics are encouraged to share their talents at the program areas. Remember, the camp staff remains responsible for the certification of the requirements.

Advancement and Your Program

very important stuff, please read carefully!

Advancement is not an end in itself, it is the result of a good program. It should be achieved through a natural experience. As an example, fires are built for cooking, fellowship or warmth, not just to pass a test. Consequently, in the act of building a fire, the skill of handling an ax or saw is put into play. Thus, two skills are applied. We should therefore plan activities which will give a Scout opportunities to use his skills for a functional purpose and to demonstrate his proficiency naturally. A Scout advances by doing things with his patrol, his troop, his leaders and on his own. A natural experience should have these four elements: The Scout prepares; the Scout qualifies; the Scout is reviewed; the Scout receives recognition.

The summer camp advancement program is a unit responsibility. The camp staff will guide, counsel and instruct, but is not responsible for planning or directing a troop's program.

Each unit leader should prepare a detailed advancement plan before arrival, to include:

- Setting realistic goals for each Scout. Discourage making the number of merit badges earned a primary summer camp objective. Three to four merit badges is a reasonable goal for an average 13 year old Scout.
- Review with each Scout the advancement path he plans to take. Scouts should be familiar with the requirements in advance. We recommend that they have the merit badge pamphlet for each badge.
- Schedule Scouts as buddies when possible. Traveling to and from merit badge classes should be done while utilizing the buddy system to help keep Scouts safe.
- Evidence of partial completions from the Scout's local "home" counselor must be presented to the camp counselor. The "Application for Merit Badge" (blue card) has a section to record partials.

Trail to First Class

our first year camper program

Our first year camper program has been a fantastic success in the past! With recent revisions we are set to offer a top notch program to your newer Scouts. The program allows first year Scouts to enter a five-day program which mixes outdoor skills, Scouting values, and FUN! Multiple offerings of the five core skill sets allow for low instructor to camper ratio.

Trail to First Class incorporates the majority of rank requirements from Tenderfoot to First Class, as well as a variety of classic Scouting games and activities. Our schedule for this year incorporates several first year appropriate merit badges for Scouts to earn.

- Leader's assistance in the area is always welcome, and troops that send more than five boys are encouraged to send at least one leader. See page 35 for detailed information.

Merit Badge Program

very important stuff, please read carefully!

Scouts will attend a number of instruction and review sessions with the counselors. A few things to keep in mind:

- Just because a Scout attends a session, this does not mean that he passes the requirements that were taught that day. Scouts are usually taught as a group, but are reviewed individually.
- Leaders should make an effort to sign Scouts up for classes with a buddy to help with travel to and from merit badge classes.
- Instruction begins on Mondays for most badges. However, work can be started at any time throughout the week on most badges. Please see the Area Director in each program area if a Scout would like to begin a badge mid-week. Scouts who begin badges mid-week typically will not complete the badge at camp.
- If a Scout is going to miss an instruction session, he needs to let the counselor know to set up a make-up appointment.
- Troop leaders are encouraged to monitor the progress of their Scouts in each merit badge. Daily reports will be available through the unit mailboxes in the Program Halls to help keep troop leaders informed about the status of each Scout's advancement.
- Counselors maintain instruction records for each badge, noting each Scout's attendance and progress in completing requirements. We maintain a record of this after camp at Flag Plaza Scout Center.
- On Friday evening after the campfire, merit badge cards are signed by members of the staff and are made available for inspection in the Program Hall by troop leaders.

Merit Badge Cards

A Scout must present the counselor with a merit badge card signed by his Scoutmaster. Merit Badge Applications (blue cards) will be collected by the respective instructors on the first day of class. Heritage Reservation will accept the standard three-part merit badge cards issued by National Supply.

Merit Badge Preparation

Each Scout should determine what merit badges he wants to work on before he gets to camp and complete preparation on as many requirements as possible before camp. Many merit badges cannot be completed at camp without some prior work or preparation. If this prior work is not done, the Scout can only earn a partial in those merit badges at camp. The Scout must bring a merit badge card with completed requirements signed by a home merit badge counselor as evidence of work completed. The camp staff will not abbreviate or short cut any requirements.

All About Prerequisites

understanding what can be done in camp and out of camp

Preparation

Eagle Base

Independence

Liberty / Freedom

Life in Camp

FAQ

Registration

Resources

Starting Requirements (SR)

These are requirements that the Scout needs to complete before taking the merit badge/activity. For example, a Scout must complete First Aid Merit Badge before starting Emergency Preparedness. If the Scout has not completed these Starting Requirements, shown with an (SR) before coming to Heritage, they will not be able to sign up for the merit badge/activity. See the example below.

Prerequisites (P)

These are requirements that the Scout needs to complete before camp if they want to complete the merit badge/activity while at camp. For example, a Scout must complete requirement 2b of Photography before coming to Heritage if they want to complete it while at camp. Prerequisites are shown with a (P) noting under the Requirement column. See the example below.

Post Camp Requirements (PC)

These are requirements that the Scout will need to complete after camp. Post Camp Requirements are shown in the Requirements column listed with a (PC). See the example below. The Scout can complete the merit badge at home once the post camp requirements have been fulfilled.

Levels of Difficulty

Listed in parentheses after each merit badge/activity is a letter that indicates its difficulty.

- (A) - Difficult merit badge/activity, for older Scouts with three or more years in Scouting.
- (B) - Appropriate for advancing Scouts with two or more years in Scouting.
- (C) - Easy merit badge/activity, appropriate for all Scouts.

Comments

Comments listed for each merit badge/activity provide additional details that will help you in your planning and preparations.

Merit badge	Requirements*	Comments
Archery (B)	None	Extra practice time needed
Small-Boat Sailing (B)	Be a Swimmer (SR)	CPR certification card fulfills Req. 1b
Fire Safety (C)	Req. 6ab (P), 11 (P)	None

***Requirement numbers listed are taken from the Merit Badge Requirements listing on www.scouting.org. Merit badge pamphlets may have incorrect or outdated requirements listed so please refer to the web site or current Boy Scout Requirements Book when inquiring about requirement specifics.**

Completing Requirements After Camp

Sometimes it is not possible to complete all of the merit badge requirements at camp due to time requirements, approvals and/or proper instruction. As a result, Scouts will receive a partial at camp and are encouraged to find an approved troop or district counselor to finish at home.

Advancement & Activity Schedule

when and where you will find every activity

Area	9:00	9:30	10:00	10:30	11:00	11:30
Aquatics	Sailing (10)			Sailing (10)		
	Canoeing (12)			Canoeing (12)		
	Swimming (12)*			Swimming (12)*		
	Lifesaving (12)*			Lifesaving (12)*		
	Motorboating (6)		Motorboating (6)		Motorboating (6)	
	Snorkeling (12)		Paddleboarding (6)		Kayaking (12)	
	Kayaking (12)		Kayaking (12)		Boardsailing (6)	
	Watersports (5)			Watersports (5)		
COPE	Climbing (9)			Climbing (9)		
Ecology and Stem (Located in Liberty)	Environmental Science (12)*			Environmental Science (12)*		
	Environmental Science (12)*			Environmental Science (12)*		
	Robotics (12)*			Robotics (12)*		
	Reptile (12)		Geology (12)		Mammal Study/Fish and Wildlife (12)	
	Nuclear Science (12)		Nature (12)		Forestry (12)	
	Chemistry (12)		Chemistry (12)		Engineering (12)	
Field Sports	Rifle Shooting (16)			Rifle Shooting (16)		
	Shotgun (8)			Shotgun (8)		
	Archery (16)			Archery (16)		
Handicraft	Art (12)		Leatherwork (12)		Leatherwork (12)	
	Space Exploration (12)		Sculpture (12)		Space Exploration (12)	
	Woodcarving (12)		Woodcarving (12)		Chess (12)	
	Photography (12)		Photography (12)		Moviemaking (12)	
	Fingerprinting/Basketry (12)		Fingerprinting/Basketry (12)		Fingerprinting/Basketry (12)	
Scoutcraft	Camping (12)*		Camping (12)*		Camping (12)*	
	Fishing (12)		Fishing (12)		Orienteering (12)	
	Wilderness Survival (12)		Signs, Signals, Codes (12)		Wilderness Survival (12)	
	Pioneering (12)			Cooking (12)^		
Scout Scholar (Located in Freedom)	Citizenship in the Nation (12)*		Communications (12)*		Citizenship in the World (12)*	
	Citizenship in the Nation (12)*		Communications (12)*		Citizenship in the World (12)*	
	Emergency Prep (12)*		Salesmanship (12)		Emergency Prep (12)*	
	Public Speaking (12)		Law (12)		Public Speaking (12)	
	First Aid (12)*		First Aid (12)*		First Aid (12)*	
	Search and Rescue (12)		First Aid (12)*		First Aid (12)*	
Trail to First Class	Fire Safety (12)			Salesmanship (12)		
	Rank Advancement Instruction (24)					
	Rank Advancement Instruction (24)					

(#) Capacity per camp of the Merit Badge

* Merit Badge is Required for Eagle



The summer camp coordinator should enter all advancement and activity selections for youth and adults into the Online System beginning April 15 until one week before camp (pg 72).

Classes are offered on a first-come first-served basis, so register your youth early to ensure availability. To better streamline the scheduling process, waitlists will not be available.

Advancement & Activity Schedule

when and where you will find every activity

Area	2:00	2:30	3:00	3:30	4:00	4:30
Aquatics	Sailing (10)		Open Program			
	Canoeing (12)					
	Swimming (12)*					
	Lifesaving (12)*					
	Motorboating (6)					
	Kayaking (12)					
	Boardsailing (6)					
	Watersports (5)					
BSA Guard or Paddle Craft Safety and Swim and Water Rescue (6)						
COPE	Project C.O.P.E. (12)			Project C.O.P.E. (12)		
Ecology and Stem (Located in Liberty)	Environmental Science (12)*		Open Program			
	Environmental Science (12)*		Open Program			
	Robotics (12)*		Open Program			
	Mammal Study/Fish and Wildlife (12)		Open Program			
	Engineering (12)					
	Electricity (12)					
Astronomy (12)						
Field Sports	Rifle Shooting (16)		Open Program			
	Shotgun (8)					
	Archery (16)					
Handicraft	Leatherwork (12)		Open Program			
	Space Exploration (12)					
	Woodcarving (12)					
	Railroading (12)					
	Chess (12)					
Scoutcraft	Cooking (12)^		Open Program			
	Camping (12)*					
	Geocaching (8)					
	Indian Lore (12)					
Scout Scholar (Located in Freedom)	Citizenship in the Nation (12)*		Eagle University		Open Program	
	Citizenship in the World (12)*					
	Law (12)					
	Disability Awareness (12)					
	First Aid (12)*					
	First Aid (12)*					
Trail to First Class	TFC Merit Badge Instruction (24)#		Trail to Open Program			
	TFC Merit Badge Instruction (24)#					

Badges are earned concurrently.

^ Offered only at Liberty, utilizing the Commissary.



The summer camp coordinator should enter all advancement and activity selections for youth and adults into the Online System beginning April 15 until one week before camp (pg 72).

Classes are offered on a first-come first-served basis, so register your youth early to ensure availability. To better streamline the scheduling process, waitlists will not be available.



Aquatics

Merit Badge	Requirements	Comments
Canoeing (B)	Req. 2 (SR)	
Kayaking (C)	Req. 2 (SR)	
Lifesaving* (A)	Req. 1a (SR)	CPR certification card fulfills Req. 13. Bring long pants, long sleeve shirt and belt for disrobe
Motorboating (B)	Req. 2a (SR)	Swimming MB recommended
Small-Boat Sailing (B)	Req. 2 (SR)	CPR certification card fulfills Req. 1b
Swimming* (C)	Req. 2 (SR)	
Watersports (B)	Req. 3 (SR)	
Activity	Requirements	Comments
Boardsailing (B)	Be a Swimmer (SR)	Not a Merit Badge
BSA Lifeguard (A)	Req. 1,2,6 (SR)	Not a Merit Badge, must be 15 years old
Instructional Swim	None	Not a Merit Badge, open program activity
Mile Swim (A)	Be a Swimmer (SR)	Not a Merit Badge
Paddlecraft Safety (A)	Be a Swimmer and 16 or older (SR)	Not a Merit Badge, replaces BSA Lifeguard for unit level boating activities
Snorkeling (C)	Be a Swimmer (SR)	Not a Merit Badge
Stand Up Paddleboarding (B)	Be a Swimmer	Not a Merit Badge
Swimming & Water Rescue (A)	Be a Swimmer and 16 or older (SR)	Not a Merit Badge, replaces BSA Lifeguard for unit level swimming activities
See page 27 for more information about requirements and levels of difficulty. *Required for Eagle.		



COPE & Climbing

Merit badge	Requirements	Comments
Climbing (A) *	None	Recommended for those 13 and older Extra time for practice needed
Activity	Requirements	Comments
Project C.O.P.E.	None	Recommended for those 13 and older
See page 27 for more information about requirements and levels of difficulty. *Climbing located at the C.O.P.E. Course.		

Trail to First Class

Trail to First Class offers opportunities to help young Scouts complete their Tenderfoot, Second Class and First Class ranks. The schedules are designed to cover the requirements that naturally fit into the camp setting focusing on five skill sets of Scouting. The requirements not offered need to be completed within the troop.

At Trail to First Class, we will instruct and put into practice through friendly patrol competition the requirements of Tenderfoot, Second Class and First Class. Final evaluation, however, must be completed by the unit leadership as with all rank requirements. Camp Staff members will not sign off Scout handbooks.

Trail to First Class Scouts will sign up for a 9 a.m. - 12 p.m. program that encompasses rank requirements, and a 2 - 3 p.m. program that covers several first-year appropriate merit badges. Participants will have the opportunity to earn Basketry, Fingerprinting, Mammal Study, and Fish and Wildlife during merit badge instruction.

If a Scout only needs help on a few requirements, they should sign up for merit badges and come to Trail to First Class during open program. Open program at Trail to First Class runs from 4 - 5 p.m. and is a good way to make up missed requirements or to complete new ones.

Rank	Requirements Covered	Comments
Scout	4a, 4b, 5	Morning session at TFC throughout the week
Tenderfoot	3a, 3b, 3c, 3d, 4a, 4b, 4c, 5a, 5b, 5c, 7a	Morning session at TFC throughout the week
Second Class	1b, 3a, 3b, 3c, 3d, 5a, 5b, 6a, 6b, 6c, 6d, 6e	Morning session at TFC throughout the week
First Class	3a, 3b, 3c, 3d, 4a, 5a, 5b, 5c, 5d, 7a, 7b, 7c, 7d, 7e, 7f	Morning session at TFC throughout the week
Basketry Merit Badge Fingerprinting Merit Badge Mammal Study Merit Badge Fish & Wildlife Merit Badge	All requirements for the badge will be covered at camp	Held in the Trail to First Class area at the scheduled afternoon time slot
Trail to Open Program	Explore the things that open program has to offer in small groups led by our instructors	Leaves from the Trail to First Class area at the beginning of Open Program



We do encourage unit leaders to help out at Trail to First Class. There are opportunities to assist in instruction and crowd control. Adults that can join us on the 5-mile hike are especially appreciated.



Shooting Sports

Merit badge	Requirements	Comments
Archery (B)	Req. 1c (P)	Extra time for practice needed, located at the Archery Area
Rifle Shooting (A)	Req. 1d, 1f (P)	Extra time for practice needed, located at Reservation Shooting Sports Center
Shotgun Shooting (A) **	Req. 1d, 1f (P)	Recommended for those 13 and older Additional \$25 fee, located at Reservation Shooting Sports Center
Activity	Requirements	Comments
3D Archery (B) **	None	Not a merit badge, located at Reservation Shooting Sports Center
Chalk Ball (C)	None	Not a merit badge, located at Archery Area
Sporting Arrows (B) **	None	Not a merit badge, located in the Special Activities Field

See page 27 for more information about requirements and levels of difficulty.

**These activities are located at Reservation Shooting Sports Center between Freedom and Liberty.



Day Trek

Day Trek is a fantastic adventure for that older Scout that is staying with the troop but is not participating in the merit badge program. Shortly after breakfast, Scouts will join our Eagle Base day program for high adventure activities before returning to Camp Liberty or Camp Freedom at approximately 5:00 p.m.

Evenings are spent in Freedom or Liberty participating in campwide programs with the rest of the Scout's troop, therefore Day Trek campers may not participate in Eagle Base evening program. During the day, Scouts can select from adventures including caving, whitewater rafting, mountain biking, and sporting clays, but will not be able to earn merit badges during program time.

Although Day Trek participants stay at Liberty or Freedom, registration is completed in the Eagle Base section of the Online Registration System. There is an additional fee of \$50 to participate in the Day Trek program. Payments are made through your camp's registration by choosing the Freedom/Liberty Day Trek option.

Participants must meet at the Program Hall on Sunday for an orientation meeting - bring completed vendor release forms (www.lhc-bsa.org/camping).

Monday through Friday participants meet at the entrance to the Chapel at 8:40 a.m. to be transported to the daily activities.

Ecology - STEM

Merit badge	Requirements	Comments
Astronomy (B)	None	Evening observations required
Chemistry (B)	None	
Electricity (B)	Req. 2, 9a (P)	
Engineering (A)	Req. 1 (P)	Read the Engineering Merit Badge pamphlet before coming to camp
Environmental Science* (A)	Req. 3e (P)	Req. 4 can be completed at home, be sure to bring your journal to camp along with your report
Fish & Wildlife Management (C)	None	Req. 6b or 6c can be completed at home. Bring a fishing rod
Forestry (B)	Req. 5, 8 (P)	
Geology (B)	None	
Mammal Study (C)	None	
Nature (C)	None	Req. 4 can be started at home
Nuclear Science (A)	None	
Oceanography (B)	None	
Reptile & Amphibian Study (C)	Req. 8 (P)	Bring your journal to camp
Robotics (A)	Re. 6 (P)	
Weather (B)	Req. 9 (P)	Bring Req. 9 to Camp
See page 27 for more information about requirements and levels of difficulty. *Required for Eagle.		





Handicraft

Merit badge	Requirements	Comments
Art (C)	Req. 6 (P)	None
Basketry (C) and Fingerprinting (C)	None	None
Chess (B)	None	None
Leatherwork (C)	None	None
Moviemaking (A)	None	Bring a digital camera with video
Photography (B)	Req. 1B (P)	Bring a digital camera and Cyber Chip
Railroading (B)	None	Can start Req. 8 at home
Sculpture (C)	None	None
Space Exploration (C)	None	Do not bring your own rocket or engines
Woodcarving (B)	Totin' Chip (SR)	No pocket knives w/blades over 3.5"



Scoutcraft

Merit badge	Requirements	Comments
Camping* (A)	Req. 4b, 5e, 7b, 8d, 9a, 9b (P)	Most of the written work can be completed at home
Cooking (B)	Req. 4cde (PC)	Only offered at Camp Liberty
Signs, Signals, & Codes (B)	None	Familiarizing yourself with braille, semaphore, and Morse code prior to camp is highly recommended.
Fishing (B)	None	Bring your own gear
Geocaching (B)	Req. 8 (P)	Includes a field trip to Ohiopyle State Park
Indian Lore (C)	None	Includes field trip to Fort Necessity National Battlefield
Orienteering (A)	None	None
Pioneering (A)	None	Proficiency in basic knots required
Wilderness Survival (B)	None	For Req. 5 bring your kit to camp, involves spending a night in an improvised shelter
See page 27 for more information about requirements and levels of difficulty. *Required for Eagle.		



Merit badge	Requirements	Comments
Citizenship in the Nation* (A)	None	Includes field trip to Fort Necessity National Battlefield
Citizenship in the World *(A)	None	Additional time in the computer lab may be needed
Communication* (B)	Req. 5 (P)	
Crime Prevention (C)	Req. 2 (P), 4, 7 (P)	
Disabilities Awareness (C)	Req. 2 (P)	
Emergency Preparedness* (B)	First Aid MB (SR), Req. 2c (P), 6c (P)	Req. 8b bring your kit to camp
Fire Safety (C)	Req. 6ab, 11, 12 (P)	None
First Aid* (B)	First Aid Req. for Tenderfoot, 2nd Class and 1st Class (SR)	Req. 2d bring your kit to camp, Current CPR certification card fulfils Req. 3b
Public Speaking (B)	None	
Law (B)	Req. 4 (P)	Mock trial during open program required
Salesmanship (C)	None	
Search and Rescue (B)	Req. 4 (P), 6ab (P)	None
See page 27 for more information about requirements and levels of difficulty. *Required for Eagle.		
Activity	Requirements	Comments
Eagle University (B)	1st Class Rank (P)	Bring with you any Eagle preparatory materials you have Not a merit badge
See page 27 for more information about requirements and levels of difficulty. *Required for Eagle.		



Leader Programs

Help Us Help You

We understand that your own unit's interests are the number one priority, but we welcome your assistance to make Heritage even better. Help is always appreciated within program areas, merit badge instruction, guarding on the Waterfront and service projects.

Scoutmaster Merit Badge

Pick up a list of the requirements in the Program Hall to get started exploring camp, participating in activities and helping Scouts have a great camping experience.

BSA Lifeguard

Aquatics: Focused on the need to provide professional lifeguards for BSA-operated facilities, Council Aquatics Committee, and year-round aquatics programming with training that meets the requirements of government agencies at regulated swimming venues.

Climb On Safely

Program Hall: Adult leader training which outlines the procedure for organizing Boy Scouts of America climbing/rappelling activities at a natural site or a specifically designed facility such as a climbing wall or tower.

Outdoor Ethics Orientation

Ecology-STEM: Learn the basics of Leave No Trace, how it relates to the Boy Scouts of America and how to start implementing it in your troop.

Safe Swim Defense & Safety Afloat

Aquatics: Learn what it takes to safely operate aquatics programs within your troop.

Swimming and Water Rescue & Paddlecraft Safety

Aquatics: These Boy Scouts of America courses replace BSA Lifeguard for unit level swimming and boating activities. Each course is 10 hours long.

Trek Safely

Program Hall: Designed to help youth and adult leaders plan and carry out a safe trekking experience for the members of their unit. Trek Safely applies to all types of outdoor activities.

Floats and Notes

We want your feedback! Join us for root beer floats as we talk about how your week went at camp, and things we can do in the future to improve. We make it a priority to listen to you as we plan for years to come, so help us as we work toward our goal of constant improvement.



Awards and Activities

We have lots of activities to challenge the individual, the patrol and the troop. Speak with the Camp Director, Program Director or Senior Camp Commissioner to schedule your adventure.

Outpost

You can spend a night away from the camp hiking or canoeing to and from the Outpost camps. Choose from several outpost locations where you provide your overnight gear practicing the principles of Leave No Trace. **Safety Afloat Training is Required for units selecting the canoe option.** Talk to the Program Director during unit check-in to arrange a time slot and campsite for your unit.

Pirate Breakfast, 7:00 a.m. Wednesday

Arrrrr! It's a Pirate's life, for ye! Drop anchor at the Aquatics area and plunder your breakfast from Lake Courage. Wear swim trunks and your best pirate gear - because you're going to have to swim for your food!

Outstanding Acorn Award

Tall Oaks From Little Acorns Grow. Plant your acorn by performing one hour of service to camp. We have many conservation and maintenance projects available.

Polar Bear Swim, 6:30 a.m. Wednesday

There is no better way to start your day. Head down to Aquatics and join us for an early morning swim or take out a watercraft.

Mile Swim, BSA, 6:00 a.m. Friday

Earn the Mile Swim, BSA award. New requirements call for four hours of training, maximum of one hour per day. Join us during open program Monday thru Thursday for training.

Iron Man, 6:00 a.m. - 3:00 p.m. Friday

This is the ultimate Heritage challenge. Swim the Polar Bear Mile before breakfast (must do qualifying swims), hike the Courage Trail before lunch and to complete the challenge, canoe the perimeter of Lake Courage after lunch. T-shirts are available in the Trading Post.

Geocaching

Grab your GPS or GPS-enabled smartphone and tackle our reservation Geocaching course! Successfully complete the course and receive a prize!

Brownsea Island Honor Camper Award

This award provides each Scout the opportunity to earn an award based upon his own personal experience during a week-long encampment.

Green Bar Bill Honor Patrol Award

Includes opportunity for group-decision making, as well as gives your Patrol Leaders an opportunity to take initiative to lead their patrols towards earning the award.

Baden-Powell Honor Troop Award

This award is designed to give your Senior Patrol Leader and junior leadership the initiative to work towards completing requirements for an award that honors the troop as a whole.



Evening Programs

Sunday

- Leaders' Meeting, 6:45 p.m., Program Hall: A first day orientation to prepare you for the rest of the week. Please send at least one adult leader from your unit and bring advancement changes.
- Opening Campfire, 8:00 - 9:00 p.m., Campfire Circle: Meet in the parade field Following dinner, sit back and enjoy the staff welcoming you home with skits, and songs.



Monday - Tuesday

- Campwide Event, 7:15 - 9:00 p.m., Monday at Freedom, Tuesday at Liberty: Campers will compete as patrols in a variety of activities. Events will challenge each member's Scout skills, teamwork and spirit.
- Vespers, 7:30 - 8:15 p.m., Monday at Liberty, Tuesday at Freedom, Duty to God Chapel: The twelfth point, Reverent. Take time to reflect on all that is good. The Camp Chaplain is looking for any Leader or Scout to assist with the Vesper Service. If interested, please notify your Camp Director by Sunday night to arrange for your place in the service.
- Owl Prowl Hike, 9:00 - 10:00 p.m., Monday at Liberty, Tuesday at Freedom: Campers will join Eco-Con staff members on a night hike, focused on ecology and astronomy.



Wednesday

- OA Calling-Out Ceremony, 7:30 - 8:45 p.m.: Meet at Parade Field: Each Scoutmaster should talk with the Order of the Arrow Coordinator on Sunday to discuss your unit's involvement with the Order of the Arrow during your stay.

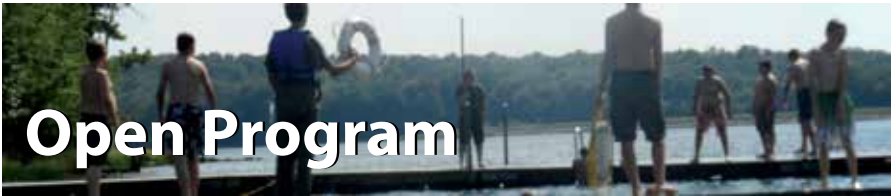


Thursday

- Steak Cookout, 6:00 - 7:00 p.m.: Gather around the campfire to cook your dinner on the coals! Enjoy a campsite-cooked meal with your troop. All supplies are provided.
- Troop Program Night, 7:15 - 9:00 p.m.: Let your PLC decide. Sign up for a self-guided Troop night in one of our areas. Go on outpost, challenge another troop to a friendly competition? Your imagination is the limit. Your unit may sign up at the Sunday night leaders meeting, first-come first-served.
- Order of the Arrow Brotherhood Ceremony, 7:30 - 8:30 p.m., Reservation Circle: All Brotherhood and Vigil Order of the Arrow members are encouraged to attend these induction ceremonies.

Friday

- Closing Campfire, 7:00 - 8:30 p.m., Campfire Circle: Skits, songs, and awards.
- Blue Card Party, 8:45 - 9:30 p.m., Program Hall: Verify that all your Scouts' blue cards and activity awards have all been processed. Staff will be present to answer questions.



Special Program Area Events

Throughout the week, join us as we highlight our program areas with special events, held daily during Open Program. Participants in these events will receive a special Courage Conquest patch!

Aquatics	Aquatics Relay - Can you make it through our course fastest?
Ecology-STEM	Robot Races - Program your robot and get it past the goal!
Shooting Sports	Hawk Knife Challenge - Tomahawks and throwing knives for accuracy
Handicraft	Go Fly a Kite - Make your own souvenir kite to fly over Lake Courage
Scoutcraft	Cast Iron Chef - Cook up your specialty and get your recipe published!
Scout Scholar	Flag Retirements - Participate in a special flag retirement ceremony
Trail to First Class	Tie Dye - Shirts, bandanas, socks - add some color to whatever you like!

Additional Activities

- Open shooting, boating, field sports, swimming and additional program area instruction. For open shotgun, passes can be purchased in the Trading Post (5 rounds for \$3).
- A great time to finish that partial from last year.
- You can pick up a map of the marked Hiking Trails in the Program Hall and hike away.
- Use your GPS to navigate our Reservation Geocaching Course and earn a prize.
- Service Projects: A list of pre-approved camp service projects will be provided in each camp prepared by the Ranger staff.
- Use the time to work on some of the various Heritage awards (pg 41).



Order of the Arrow

The Order of the Arrow (OA) plays a vital role in the camping program of our Council. Those who are honor Scouts in their units are recognized through their election to the OA. The objective of Allohak Menewi Lodge #57 is to promote the camping program of the Council, to recognize honor campers and to provide opportunities for cheerful service.

Meetings

There will be one meeting for all OA members at 1:15 p.m. Tuesday at the Program Hall to discuss preparations for the OA ceremonies on Wednesday and Thursday evenings.

Home Troop Election

Since 2015, Home Troop Elections are the only way to elect candidates. Elections will not be held at summer camp.

A troop election should be conducted at a predetermined troop meeting. Home Troop Elections are to be held anytime up through May 31, by an authorized representative, as detailed above. In order for a Home Troop Election to be authorized by the Lodge, the troop must submit the request application on line or make application in writing on the Election Request Form. Applications are to be sent to: Allohak Menewi Lodge #57; Laurel Highlands Council, BSA; 1275 Bedford Avenue; Pittsburgh, Pennsylvania 15219. Alternatively, elections are to be coordinated by the Chapter (Service Area) in which your troop is located and can be requested by contacting your Chapter Advisor.

Brotherhood Induction

Ordeal members eligible to seal their membership in the OA (a current member with 10 months tenure since Ordeal completion) can take part in the Brotherhood induction process at camp. Brotherhood Counseling will take place on Monday through Thursday shortly after lunch; the camp OA coordinator will designate an exact time and location. The Brotherhood induction ceremony will take place on Thursday evening. Each member completing his Brotherhood membership during camp will pay a fee to cover the cost of the Brotherhood sash. This fee must be paid at the Program Hall before the candidate can participate in the Brotherhood ceremony.

Calling-Out Ceremony

The Order of the Arrow callout ceremony will take place on Wednesday night. This is a unique opportunity for Scouts and Scouters to be recognized for their contributions to their troops. Per National OA guidelines, out of Council units wishing to participate in a callout Ceremony while at camp will either need to bring or have sent to camp a letter from their home lodge granting permission to conduct the callout.

Order of the Arrow Summer Service Award

Under the direction of the Camp OA Commissioner, Order of the Arrow members may complete one task related to the Brotherhood ceremony and one task related to the Calling Out ceremony to receive a special recognition item. An approved service project may be substituted at the Lodge's discretion.

Trading Post

snacks, camping equipment and souvenirs for all

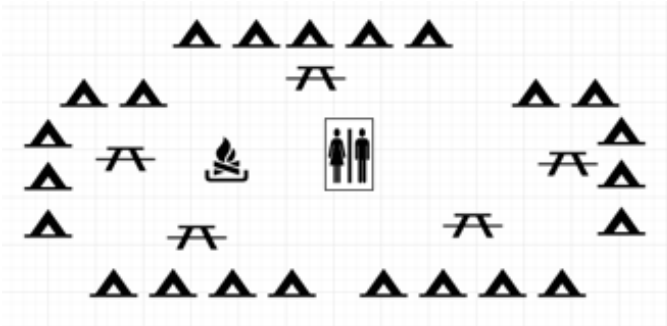
In addition to our online store, the Trading Post is provided as a service to campers. The store is stocked with a supply of program materials, literature, merit badge supplies, fishing gear, camping gear, clothing, patches, collectibles, souvenirs, snacks, candy, pop, ice cream and various personal items. The average camper spends \$100 in the camp store. For ease of purchase, please consider purchasing one of our convenient Heritage Gift cards before camp. More information can be found on page 8.



Campsites

the amenities away from home

- Campers stay in camp-provided wall tents, with wooden floors to keep campers off the ground.
- Each unit will camp together, two youth to a tent and two adults to a tent.
- Campers are provided a cot to sleep on.
- Adults sleep in separate tents from youth. Male and female youth will not share a tent.
- Male and female adults will sleep separately unless married to each other.
- Each campsite will be set to its capacity and organized into patrols comprised of 4-5 tents, a picnic table, and a dining fly. Troops may rearrange the equipment as they see fit, but it is the troop's responsibility to reset the campsite before leaving as they found it upon check-in.



Troops with Scouts and Scouters in excess of their campsite's capacity should plan on bringing their own gear to supplement the equipment provided by camp.

- Each campsite has a water source with potable water (safe for drinking) and a fire ring for campfires. Please do not create additional fire rings.

Showers and Latrines

- Several shower buildings are available in each camp. They are designated for youth male, youth female, adult male, or adult female. Please respect the privacy of others. Units will be responsible for signing up to clean a shower building during their stay.
- Each campsite has a latrine. Units are responsible for keeping it clean.

Preparation
Eagle Base
Independence
Liberty / Freedom
Life in Camp
FAQ
Registration
Resources

Gear Lists

what is provided and what to bring

What NOT to Bring to Camp

Shooting Equipment	Other Valuables	Excessive jewelry	Firewood (pg 56)
Fireworks	Un-Scoutlike clothing	Aerosol cans	Pets (pg 54)
Alcohol (pg 54)	Pornography	Knives with blades over 3.5"	Boats (pg 55)
Cell Phones	Tobacco (p 54)		
MP3 Players	Drugs of any kind	Laser pointers	

Gear Each Individual Should Bring

Sneakers	Hat	Medication	Sunglasses
Hiking Shoes	Rain Gear	Hygiene Items	Flashlight
T-Shirts	Swimsuit (one piece for females)	Sunscreen	Compass
Underwear	Scout Uniform	Insect Repellent	Pocket Knife
Socks	Scout Handbook	First Aid Kit	Knife/Fork/Spoon
Long pants	Scout Handbook	Sleeping Bag	Plate/Bowl/Cup
Long-Sleeve Shirts	Merit Badge Books	Small Pillow	Water bottle
Water Shoes	Notebook	Extra Blanket	Fishing Gear
Shorts	Pencils/Pens	Backpack	Camera
Sweatshirt or Jacket	Towel	Watch	Spending Money

Gear Units Should Bring

Liberty

Lantern
 Troop & Patrol Flags
 First Aid Kit
 Extra tarps and tents
 Woods Tools
 Dutch Ovens
 Troop Library
 Maps & Compasses
 Troop Kitchen
 Medication Lock Box

Independence

Lantern
 Pack and Den Flags
 First Aid Kit
 Extra tarps and tents
 Woods Tools
 Dutch Ovens
 Extra Sleeping Bag
 Medication Lock Box

Freedom

Lantern
 Troop & Patrol Flags
 First Aid Kit
 Extra tarps and tents
 Woods Tools
 Dutch Ovens
 Troop Library
 Maps & Compasses
 Troop Kitchen
 Medication Lock Box

Eagle Base

Lantern
 Troop/Crew Flag
 Extra tarps and tents
 First Aid Kit
 Woods Tools
 Medication Lock Box

Gear Provided By Heritage

Liberty

Platform Tents
 Cots
 Dining Fly
 Picnic Tables
 Garbage Bags
 Flag Pole / US Flag
 Running Water
 Latrine (toilet)
 Shower facilities
 Patrol Box
 Propane Stoves
 Cook Kits

Independence

Platform Tents
 Cots
 Dining Fly
 Picnic Tables
 Garbage Bags
 Flag Pole / US Flag
 Running Water
 Latrine (toilet)
 Shower facilities

Freedom

Platform Tents
 Cots
 Dining Fly
 Picnic Tables
 Garbage Bags
 Flag Pole / US Flag
 Running Water
 Latrine (toilet)
 Shower facilities

Eagle Base

Platform Tents
 Cots
 Dining Fly
 Picnic Tables
 Garbage Bags
 Flag Pole / US Flag
 Running Water
 Latrine (toilet)
 Shower facilities

Eagle Base Trek and Day Trek participants should check the website for activity specific equipment lists.



Dining Halls

The Dining Halls at Camp Freedom, Independence, and Eagle Base provide campers with excellent food service. During the Sunday check-in, the Dining Hall Manager will review all procedures with your unit, helping to ensure an enjoyable dining experience all week. All meals provided through the camp food service will be peanut/nut free.

Cafeteria Style Dining

Campers at Independence and Eagle Base will eat meals “cafeteria style” in the Dining Halls. Scouts and leaders will progress through a buffet line and served food and drink by our staff.

Family Style Dining

At Camp Freedom, we serve meals “family style.” The food is sent out to each table (10 seats) in serving bowls and platters. This is done by the use of a rotating waiter system. Each unit is assigned to a number of tables in the dining area for the week. An adult from each unit is required to sit at a table with the Scouts. Portion control is essential to the success of “family style” dining. The adult and waiter at each table have the duty to make sure everyone has an equal portion before anyone starts eating. A Scout is courteous and kind!

Table Waiters

- Waiters rotate throughout the week. It isn’t assigned to all of the new Scouts. Older, more experienced Scouts are needed to train first time campers on the waiter system.
- When two troops have odd numbers and cannot fill a table, another troop in the same situation will be placed together at the same table. It will be the responsibility of the troops to set-up a fair waiter system. A Scout is friendly.
- Waiters arrive at the Dining Hall 20 minutes prior to each meal. It is important to be prompt. The Dining Hall Manager gives all waiters instructions on their responsibilities at each meal. They set the table, get staff totems, and retrieve for their table.
- Waiters also clean-up after the meal and are dismissed from the Dining Hall by the Dining Hall Manager.

Dietary, Religious and Special Food Requests

The camps at Heritage Reservation do their best to accommodate for dietary, religious or special food needs, and can store any special foods brought to camp on a limited basis. Storage is available in our Dining Hall/Commissary refrigeration. Please do not bring peanut/ tree-nut based products into the Dining Hall.

Nutrition Group, Inc. is contracted to provide all of Heritage Reservation’s food and menu needs. The menus are carefully prepared to meet as many needs as possible for all campers. Camp Menus will be posted in May on our web site. Please review them and share any special needs via the online Special Diet Request form (www.lhc-bsa.org/camping). This form must be submitted two weeks prior to arriving at camp to ensure adequate preparation.

Accommodations can only be made for special dietary situations of which we are aware.





Patrol Cooking

The success of the patrol cooking method has stood the test of time and is well proven. Concern over the time it takes a patrol to cook has been addressed. The meal plan includes cooking for breakfast, limited cooking for lunch, and only cooking five dinners. This provides plenty of time to enjoy the camp programs and advancement opportunities.

Preparing meals in camp is an integral part of the program at Camp Liberty. It is one of the best ways of implementing the patrol method. Encourage and direct your Scouts to follow the plan, taking turns at jobs, preparing the meals completely and cleaning up thoroughly after each meal.

Menus and Food Preparation

The menu for all meals to be served at camp has been thoroughly reviewed and field-tested. They are wholesome, plentiful and have boy appeal. The preparation instructions are written so that Scouts can easily follow them. Expert skill is not required to produce a satisfactory meal. By following the instructions as they are written, a fine meal will be enjoyed by all.

Recipes will be distributed to each patrol when the food is issued. Care must be taken to follow them exactly. Experimentation should not be allowed unless an adult leader is present. Your staff guides or commissioner will work with any of your patrols that require additional help. Spice jars are for sale in the Trading Post to enhance the flavor of your food.

Dietary, Religious and Special Food Requests

The camp does its best to accommodate for dietary, religious or special foods, and can store any special foods brought to camp on a limited basis. Nutrition Group, Inc. is contracted to provide all of Heritage Reservation's food and menu needs. The menus are carefully prepared to meet as many needs as possible for all campers. Camp Menus will be posted in May on our web site. Please review them and share any special needs via the online Special Diet Request form (www.lhc-bsa.org/camping). This form must be submitted two weeks prior to arriving at camp to ensure adequate preparation.

Food Pick Up (7 a.m. - Breakfast, 12 p.m. - Lunch, 5 p.m. - Dinner)

Food will be picked up at the Commissary by each patrol or crew for each meal. For health reasons, remaining milk should never be put into a cooler, but rather discarded. Any plastic containers used for food issue must be cleaned and returned to the Commissary when picking up the next meal. It is recommended that a leader help with pick up to ensure a proper count on all meal ingredients.

Personal Equipment

Scouts and Leaders need to bring their personal equipment including their own water bottle and eating utensils. These items will not be supplied by camp. Leaders should reproduce the enclosed personal equipment checklist (pg 46) and hand it out to all Scouts.

Dishwashing

Adult leaders are asked to give close attention to the thoroughness of patrol/crew cleanup. Here are some procedures to maintain good health:

- No washing of dishes in or near water stand and latrine.
- Make sure wash water is hot and sanitizing water is hot.

Staple Issue

An initial supply of staple items such as salt, pepper, sugar, dish soap, oil, etc. will be made on Sunday afternoon when picking up each patrol's pack baskets. These are to be kept throughout the week in the cooking box only. Reissue of these items will be made on "as needed" basis. Unit leaders are asked to take the necessary precautions to insure the proper use (and not waste) of these items. Sanitation tablets will be issued at the beginning of the week.

Ice Coolers - Food Storage

The camp will attempt to provide one bag of ice per day to each patrol/crew at lunch for cold drinks. Ice from this machine is not designed to keep unit coolers stocked. Additional ice may be purchased from the Trading Post. Health regulations are very clear about the dangers of keeping milk, meats and other items in ice coolers. The proper temperature level cannot be maintained in coolers to store most foods safely. It is practical to only store certain drinks, but not milk. As a general warning, storing any type of food in the campsite will attract animals.

Charcoal and Propane (Camp Liberty)

A unit may request to cook one meal on charcoal during the week. See your Commissary Director for a bag of charcoal. All 20-pound propane cylinders are filled each week and will provide more than enough fuel to cook all of your meals and heat dishwasher during your week at camp. If a patrol/crew, through wasteful use of propane, runs out of fuel, the unit will be charged up to \$50 for an additional cylinder.

No other accessories, such as lanterns or additional stoves may be attached to the Heritage propane cylinders or stoves. This practice is necessary to prevent propane leaks and in order to extend the lifetime of the fittings. If a patrol/crew tampers with the fittings or regulator on their stove, it will be charged \$25 for a new hose and fittings.

Set up stoves so that the windshields are facing into the prevailing breeze. Do not place the stove directly under the dining tarp; this can damage the tarp and create a fire hazard. An adult leader must be present in the campsite and must supervise the lighting and use of propane stoves.

Dishwater Disposal

A sump box for dishwater disposal is available in each campsite. All dishwater must be disposed of by using this box. Do not allow the Scouts to dispose of dishwater in any other manner. The funnel and strainer at the sump box must be cleaned daily. Your staff guide will instruct you on proper use of this facility.

Garbage and Trash Disposal

Garbage bags will be provided for transporting garbage to the dumpsters located in the parking lot. Garbage should be brought out of the campsite after each dinner. Your staff guide will give you additional information about trash disposal and recycling.

Buffet Meals

Sunday dinner will be served to the entire camp "buffet style" at the Commissary and requires no preparation by the patrol or crew.

Camp Health Services

the ins and outs of staying healthy at camp

Health Officers provide emergency care 24 hours a day, and coordinate with local EMS personnel if the situation warrants. They also evaluate and treat in-camp illness and injuries, referring patients to Uniontown Hospital or other non-emergency facilities as necessary.

Medical Screening in Camp

Upon arrival to camp, each camper will undergo a face-to-face medical screening with a Health Officer or trained designee and receive a wristband. This will occur as part of the check-in process. For campers arriving later in the week, they must submit their medical forms at the Program Hall upon arriving on property. **Medical forms not picked up at week's end will be destroyed.**

Annual Health and Medical Record

All campers are required to use of the Annual Health and Medical Record (#680-001). Camps Liberty, Freedom, Eagle Base, and Independence 4-Day sessions require parts A, B, and C. Independence 3-Day sessions require only parts A and B.

Supplemental Medical Form

Each camper must also present a Supplemental Medical Screening Form at check-in. This form helps us meet several National Boy Scout standards, and comply with certain federal and state laws. A new supplemental form must be completed each summer.

CPAP Machines

Heritage Reservation strives to provide accommodations to our campers that require use of a doctor prescribed CPAP machine. Please plan to provide a rechargeable power source for your machine. Access to electricity in campsites is limited, and you may be relocated.

Illness & Injury

A Health Officer will visit each camp daily for the purpose of Sick Call. Sick Call is the best time for a non-urgent ill camper to be evaluated by a Health Officer. Sick Call occurs in the Program Halls, Pathfinder Lodge for Eagle Base. The schedule will be posted in the camp Program Hall and given to your unit upon check-in.

Accommodations for Scouts with Limited Mobility

Heritage Reservation is proud to offer a camp golf cart that is available for use by Scouts with mobility issues. It must be driven by a licensed adult over the age of 21. This golf cart is reserved on a first-come first-served basis by contacting our LHC Camping Department at (412) 325-7921.

Prescription Medication

Due to the number of campers at Heritage Reservation, Unit Leaders are responsible for administering and maintaining security of prescription medication. Plan for this by bringing a locking storage box to securely store unit medications. Refrigerated storage under lock and key is available in the program hall.

Emergencies

If an emergency occurs in camp, the easiest way to obtain immediate assistance is to notify a camp staff member. He or she will notify a Reservation Health Officer, who will respond to the scene. The Health Officer will summon emergency medical services if necessary.

Immunizations

The BSA requires tetanus shots for anyone attending BSA programs or activities where an Annual Health and Medical record is required. Other age appropriate immunizations including those protecting against measles, meningococcal disease, influenza, and other maladies are strongly recommended by the BSA. Exceptions to tetanus immunizations will be accepted for medical, religious, or philosophical reasons. Individuals requesting an exemption must complete a BSA Immunization Exemption request form to be turned in with your Annual Health and Medical record at check-in.

Uniontown Hospital and Med Express

Patients that require diagnostic services and treatment beyond the scope of Heritage Reservation Health Services will be referred to the Uniontown Hospital or Med Express by the Reservation Health Officer. Patients whose condition warrants will be sent by ambulance. However, for most patients, transport by automobile is sufficient.

Uniontown Hospital 500 W. Berkley St, Uniontown, PA 15401 Phone 724-430-5000

Insurance For Camp

just in case... be prepared

Insurance (Laurel Highlands Council)

All Laurel Highlands Council units are covered under the Council sickness and accident policy with Health Special Risk, Inc. (HSR). The insurance covers all registered members of your unit. As long as your unit premium was submitted to the Council office during your re-chartering process, you do not need to bring proof of unit insurance to camp.

Insurance (Out of Council Units)

Each unit is required by Council policy to provide proof of current sickness and accident insurance covering all Scouts. This is the same policy that your unit should already have. A copy of the unit's Description of Coverage and Claim Form must be presented at check-in.

Coverage (Laurel Highlands Council)

The HSR (Health Special Risk) Sickness and Accident insurance is a supplemental insurance. Initial claims must be made on the family's medical insurance. Any charges that are not covered initially by the family's medical insurance can be submitted to HSR using the proper claim form with invoices showing balances due. For families without their own medical insurance, HSR will step in as primary insurance coverage.

Camp-Wide Emergencies

a run-down of what to do

- In the event of a camp-wide emergency, the camp siren may sound, at which time, all adults and Scouts are instructed to report to:
 - Camp Liberty to Campsites
 - Camp Independence/Freedom to Dining Hall
 - Eagle Base to Pathfinder Lodge
- Upon arrival do a roll call. A staff member will come and account for everyone in each unit. Everyone is to remain in their respective emergency locations until the "all clear" signal, or other instruction is given.
- A camp-wide emergency situation will consist of any severe weather, wildfire, lost or missing campers, lost or missing swimmers and any possible medical emergency.
- Anyone who becomes aware of an emergency situation or danger should notify the nearest staff member who will contact the appropriate camp leadership.
- Any information in regards to an unauthorized visitor, dangerous animal or bomb threat, should be reported to the Program Hall immediately.

Pre-Camp Swim Tests

information on taking your swim tests before camp

Units are encouraged to complete a swim test prior to their arrival. By participating, you will save valuable campsite setup time on check-in day. This will also make it easier to do individual unit aquatics activities before you come to camp.

- Units may complete their swim tests through one of several swim nights in the spring. As locations and dates are secured they will be posted online.
- Trained staff members will certify that each Scout and Scouter completing the test meets the requirements for their skill level.
- Units may also complete swim tests prior to camp on their own. A BSA Lifeguard, Red Cross Lifeguard or equivalent must administer the tests and certify the results.
- Forms and procedures for unit run swim tests are available online.
- If you are offering a unit swim night and have the ability to support more than just your unit, please contact the LHC Camping Department so we can share this with other units.

Qualification Levels

- SWIMMER: Allows Scouts to swim in all swim areas and boat in open areas of the lake.
- BEGINNER: Allows boating in rowboats or paddle boats and swimming.
- NON-SWIMMER: Permits wading and boating only with qualified accompaniment.

Swimmers Test

Jump feet first into water over the head in depth, level off, and begin swimming. Swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudgen or crawl (no dog-paddle); then swim 25 yards using an easy, resting elementary backstroke. The 100 yards must be completed in one swim without stops and include at least one sharp turn. After completing the swim, rest by floating.

Beginners Test

Jump feet first into water over the head in depth, level off, swim 25 feet on the surface, stop, turn sharply, resume swimming as before and return to starting place.



If you are offering a unit or district swim night and have the ability to support more than just your unit, please contact the LHC Camping Department so we can share this with other units.

Preventing Harassment and Bullying in Camp

making sure everyone has a safe experience

Harassment is defined as occurring where an individual engages in unwanted conduct which has the purpose or effect of violating another person's dignity, or creating an intimidating, hostile, degrading or offensive environment for that person. Harassment can take a variety of different forms and can be written, verbal, nonverbal or transmitted electronically.

Bullying is defined as the exercise of power over another person through persistent, negative acts or behavior that personally undermines an individual. Bullying can be threatening, insulting, abusive, disparaging or intimidating behavior on the recipient.

Summer camp is a place for all Scouts, Scouters, and Staff to experience a fun and rewarding outdoor program. Maintaining a safe environment for everyone is conducive to such a program. Harassment and bullying will not be tolerated, and are grounds for immediate dismissal from camp without refund.

Youth Protection in Camp

making sure every youth has a safe experience

These policies have been adopted to provide security for Boy Scouts of America youth at Heritage Reservation. In addition, they serve to protect the adult leadership from situations where they may be vulnerable to allegations of abuse. These policies represent the long-standing commitment that the Boy Scouts of America use in ensuring the protection of youth.

All adults camping at Heritage Reservation are required to have successfully completed BSA Youth Protection training and obtained the required PA Background checks and clearances.

Two-Deep Leadership

Two registered adult leaders or one registered adult leader and a parent of a participant, one of whom must be 21 years of age or older, are required on all trips and outings. Trips with female youth must also include a 21-year-old (or older) female leader.

No One-on-One Contact

One-on-one contact between adults and youth members is not permitted. In situations that require personal conferences, the meeting is to be conducted in view of other adults and Scouts. This rule also applies to adult-to-staff member contact.

Respect of Privacy

Adult leaders must respect the privacy of youth members in situations such as changing into swimming suits or taking showers and intrude only to the extent that health and safety requires. Similarly, adults also need to protect their own privacy in such situations. Separate showering facilities are utilized at camp - one for youth males (under the age of 18), one for youth females, one for adult males (18+) and one for adult females. The privacy of others using those facilities must be respected and not adhering to this policy could cause for the removal from camp. Some shower facilities will have times restricted for staff use only.

Separate Accommodations

When camping, no youth is permitted to sleep in the tent of an adult, other than his own parent or guardian. Males must sleep with males; females must sleep with females. The only mixed-gender accommodations allowed are among adults married to each other. No youth member may share a tent with another youth where there is more than two year difference in their ages.

No Secret Organizations

There are no "secret" organizations recognized by the Boy Scouts of America. All aspects of the Scouting program are open to observation by parents and leaders.

Appropriate Attire

Proper clothing for activities is required; ie, skinny-dipping is not appropriate in Scouting. T-shirts are required at all times while not in Aquatics.

Constructive Discipline

Discipline used in Scouting should be constructive and reflect Scouting's values. Corporal punishments are never permitted.

Hazing Prohibited

Hazing and initiations are prohibited and may not be included as part of any Scouting activity.

Junior Leadership Training and Supervision

Adult leaders must monitor and guide the leadership techniques used by junior leaders and see that Boy Scouts of America policies are followed.

Mandatory Report of Child Abuse

All persons involved in Scouting shall report to local authorities any good-faith suspicion or belief that any child is or has been physically or sexually abused, physically or emotionally neglected, exposed to any form of violence or threat, exposed to any form of sexual exploitation, including the possession, manufacture, or distribution of child pornography, online solicitation, enticement, or showing of obscene material. You may not abdicate this reporting responsibility to any other person.

Steps to Reporting Child Abuse

1. Ensure the child is in a safe environment.
2. In cases of child abuse or medical emergencies, call 911 immediately. If the suspected abuse is in the Scout's home or family, you are required to call the child abuse hotline.
3. Notify the Scout executive or his/her designee.

If you think any of the BSA's Youth Protection policies have been violated, including those described within Scouting's Barriers to Abuse, you must notify your local council Scout executive or his/her designee so appropriate action can be taken for the safety of our Scouts.

Policies and Procedures

things to help you prepare for a fun, safe week

There are as many as 1,200 campers plus 180 staff sharing Heritage Reservation with your unit during an average week of camp. It is essential that we all obey some basic guidelines to make sure everyone has a great time while here. Our common Scouting bonds are the Scout Oath and Law. Here are a few more policies that will make life easier in camp.

Firearms, Archery and Boating Equipment

Heritage Reservation provides all guns, archery and boating equipment for our programs. No personal equipment is allowed in camp. There are no exceptions to this policy.

Money and Valuables

Leaders and campers are encouraged not to bring valuables to camp. There is not a system at camp to secure these items. Heritage Reservation cannot take responsibility for any valuable items. Put names on every item prior to arriving at camp. Lock valuables in your car or in the unit trailer. Leaders are encouraged to help youth keep track of their trading post money.

Scout Camper Eligibility

All youth must be registered members of the Boy Scouts of America to attend camp. Please make sure registrations have been turned in to your local service center prior to arrival.

Roll Call

A current unit roster must be kept in camp with the adult in charge. Attendance should be taken prior to each meal, before bed and in the morning prior to reveille. If a Scout should be missing, contact the nearest staff member immediately.

Stone Throwing

Stone throwing seems natural, but it can cause serious injury. It will not be tolerated outside of appropriate ranges and constitutes cause for sending a camper home.

Alcohol and Tobacco

Alcohol is strictly prohibited on the property. Violation of this policy will result in dismissal from camp with no opportunity for a refund. All buildings at Heritage Reservation are tobacco-free. If you have the desire to use tobacco and cannot refrain from doing so, please do so in the designated areas and not in front of the Scouts. Smoking is not permitted near gas tanks or gas boxes, both are clearly marked. We also ask that you assure your cigarette or cigar is out and deposit the butt in an appropriate receptacle.

Visitors

Parents and family are free to visit camp. Please park in the parking lots. All visitors to Heritage Reservation are asked to sign-in at Keystone Lodge for Eagle Base or one the respective Program Halls and receive a wristband. Under no circumstances can a Scout be taken home without notifying the unit leader and the camp office by signing out and providing a release of minor form.

Wristbands

All Scouts, leaders and guests must wear camp wristbands at all times. These bands are intended as a safety precaution to determine who should be in camp, where they should be and to signify that each participant wearing one has completed the proper camp check-in procedures. Wristbands are issued during the medical recheck. Replacement wristbands are available in the Program Halls. Staff members will wear photo identification badges. If you see someone without a wristband or badge, please alert the staff.

Program Halls

Each of the Program Halls is open 24 hours a day. They are used as a leaders lounge as well as the administrative offices of the camps. Tea and coffee are available. There is always someone in the building to assist you. This is the place to go with any camp emergencies.

Fishing Policy

No live bait except worms and night crawlers may be used on Lake Courage at any time. Fishing is not permitted in any swimming areas or from any boating docks. Lines should not be cast towards swimming area ropes or any type of floating device anchored for marking, safety or direction. No fishing from any craft, except rowboats-without permission of the Aquatics staff. All fishing is catch and release.

Camp Boats and Fishing

Only rowboats may be used and must include an adult. The craft may not be taken out under adverse weather conditions. Craft must be left clean, oars and life jackets returned as instructed, and all trash removed from the area. The Aquatics Director must be informed in advance each time the crafts are to be used for fishing purposes. No motors are permitted.

Camp Equipment

All items issued to units are the responsibility of the Unit through the unit camp leader. Units are responsible for reimbursement to the Council for lost or damaged items. A complete inventory of these will be provided and must be signed for by the unit camp leader. A Scout is trustworthy. Please let us know if something gets lost or damaged. Don't hide it!

Damage to equipment such as tents, tarps, cots and tables will be assessed according to a schedule available in the camp office. Leaders should check all equipment for condition as soon as possible after arrival and arrange for exchange of defective equipment, or have staff representatives note deficiencies on inventory sheet.

In the event of purposeful vandalism to any camp equipment or facilities, the individual responsible will be charge the appropriate repair or replacement cost of the item and may be asked to leave camp. If it is unknown who committed the vandalism, all units within the camp will be charged the same repair or replacement cost.

Leaving Camp

A sign-out/sign-in log is kept in the Camp Office and must be used by anyone leaving camp (and later upon his or her return). Scouts are not permitted to leave camp without the written permission from their unit leaders and Camp Director and must have a Release of Campers Who are Minors form properly filled out before they can leave camp.

Vehicle Access

Unrestricted use of private vehicles during arrival and departure from camps and during the week creates a great hazard to Scouts and leaders on foot as well as excessive wear and damage to utility lines. All vehicles will be directed to the parking lot(s) of the respective camp. THE SPEED LIMIT IN CAMP IS 10 MPH. Please obey it; we are responsible for your children, so please respect this and drive accordingly while in camp. Driving in and around camp beyond the parking lots is a hazard with the amount of foot traffic. It is therefore prohibited. Only Heritage Reservation vehicles are permitted beyond the parking lots.

During check-in and check-out, each unit may designate one motor vehicle to unload and load equipment and baggage. Upon arrival, each unit will receive one vehicle pass that must be displayed to allow that vehicle to proceed beyond the camp parking lot gate to the unit's camp site. This pass will be returned to the site-guide when Sunday check-in has concluded.

Unit Trailers

One trailer may be left at the unit's campsite during the week at camp only if there is a designated trailer space at the site. No motor vehicle may be left in camp after arrival and check-in is completed. Trailers not left in designated spaces must be parked in the camp parking lot.

Handcarts

Each of the camps will provide a handcart to each campsite for light-duty hauling during the unit's week at camp. Handcarts will be numbered and assigned to the senior adult leader in each site and that leader will be responsible for care, use and return of the cart.

Lost & Found

All camps located at Heritage Reservation will hold any items for two weeks following the last day of camp. Articles may be retrieved by claiming the item in person at the applicable camp's business office. Items not claimed within the two-week period will be disposed of or donated.

Firewood

Due to the threat of Emerald Ashborer and other pests, it is the current policy of the Laurel Highlands Council Camping Outdoor Program and Properties Committees to prohibit the movement of firewood of all types and species into our camps. All of the surrounding counties currently have additional quarantines to prevent the spread of plant pests. Each of our camps have a limited amount of fallen trees and this can be gathered and burned while in camp. The cutting of standing timber is not allowed at any of our facilities.

Shoes

Closed toed footwear is required everywhere in camp except for the waterfronts. Soft soled shoes should be used in all boats. This is to prevent foot injuries due to trip hazards.

Bicycles

For health and safety reasons, personal bicycles are not permitted to be ridden in any of our camps. There are no exceptions to this policy.

Cliffs, Boulders and Rock Formations

These areas found throughout camp are off limits! Please supervise your Scouts and make sure that they understand the safety issues of these areas in camp.

Pets

Pets are not allowed on property. Exceptions will be made for medical assistance dogs.

Potomac Homes and Staff Areas

These areas are off limits to all campers, both Scouts and adults.

Liquid Fuels

Use of liquefied petroleum (LP), propane or butane lanterns and stoves is permitted in needed situations with proper safety control and adult supervision. The convenience and relative safety of LP gas allows its approved use under conditions of proper installation and control. A responsible adult should handle replacement and disposal of empty cylinders.

Low-pressure, liquid fuel (“white gas” and Coleman fuel) stoves and lanterns are hazardous and are therefore prohibited on Council camping property except for high adventure and backpacking training. In such cases, responsible adult supervision is required.

The use of liquid fuels for starting any type of fire is prohibited, including damp wood, charcoal or ceremonial campfires. Kerosene for lanterns should be kept in well-marked safety cans and stored in a ventilated, locked box located away from buildings and tents. Plastic containers are not permitted. The use of gasoline in camp is strictly limited to motors only.

The use of petroleum or coal based liquid fuels, including kerosene or diesel fuel, is prohibited for torches, trail flares or other open burning devices. Suitable alternatives include luminaries (candles in sand-weighted paper bags) for trail flares or commercially available torches using electricity or clean-burning, environmentally acceptable fuels.

Incoming/Outgoing Mail

All incoming mail will be available in your unit’s box in the Program Hall. Bring any outgoing mail to the Program Hall and put in the mailbox.

Please have mail addressed in this manner:

Camper’s Name, Unit #, Camp
 Heritage Reservation
 300 Heritage Road
 Farmington, PA 15437

E-mail / Internet

Internet access in the camps is limited and only for staff use. High speed wireless Internet is available for leader use at our Keystone office between the hours of 8am - 5pm.

Telephone (724) 329-8534

The Heritage Reservation office is staffed during normal business hours. After hours, there is a CQ that will be on duty to answer the phones. As Scouts and leaders can be all over camp and are not near a phone, messages will be taken and delivered to the unit via the unit mailbox.



Heritage Check-Out Process

how to end your week without a hitch

With as many as 1,200 Scouts and Leaders departing at the same time, we need your help. We want to make this the easiest, fastest, and most efficient check-out process you've ever experienced. Staff will be available in the parking lot and at various check-out points to assist wherever needed.

Breakfast

- Camp Liberty: pick up your continental breakfast at 7:00 a.m. from the Commissary.
- Camp Independence: delivered to your campsite between 7:00 and 7:30 a.m.
- Camp Freedom: pick up your continental breakfast at 7:00 a.m. from the Dining Hall.
- Eagle Base: attend breakfast at 8:00 a.m. at the Pathfinder Dining Hall.

Campsite Checkout

1. Reset the campsite to match the original layout on the provided map.
2. Sweep the floors and wipe down walls in the campsite latrine. Scrub and clean urinal, toilet seats, and washbasin. Be sure to wear gloves and wash hands afterward.
3. Wash and rinse picnic tables. Clean all stoves, cooking and campsite equipment and return to the respective boxes. Return all items checked out from the Quartermaster. All unreturned items will be billed to the unit.
4. Pick up all trash in and around your campsite (campsite, latrine, fire rings, tents, under floorboards). Sort your trash and take it to the dumpsters in the parking lots.
5. Rinse out the waste receptacles, sump funnels and sump buckets.
6. Review your campsite and camp equipment with your campsite host.
7. Settle any remaining balances on your unit's account, pick up your patches, blue cards and turn in your adult and youth evaluations at the Program Hall.
8. Don't forget to sign up for the 2018 season (pg 71)
9. Depart camp by 10:00 a.m. so staff can prepare for the next session and get some needed time off.



Frequently Asked Questions

typical questions asked at a unit promotion

Administrative

Do adults who attend camp need to complete PA Background Clearances?

Yes. All adult PA residents who will be staying at camp, whether registered with the BSA or not, will have to complete and submit required PA background clearances. This helps ensure that camp is in compliance with Pennsylvania state law and helps ensure the highest level of protection for youth participants. Parents simply dropping off or picking up their children or visiting do not need clearances. Volunteers from outside of Pennsylvania are exempt provided they do not work with youth in PA more than 30 days in the calendar year and meet background check requirements of their state of residence. For more information and required forms see the Summer Camp Resources page (www.lhc-bsa.org/camping/resources).

What training do leaders need to have to go to camp?

All adults attending camp must complete the BSA's Youth Protection Training. In addition, we recommend at least one adult complete Risk Zone training and Hazardous Weather training. All adults must also meet PA Background Clearance Requirements prior to attending camp.

What are the procedures for problems/emergencies?

Our staff leaders are trained at National Camping School in how to deal with problems and emergencies. The entire staff trains for possible emergencies during staff training. We also work closely with local authorities and emergency services as needed. If you become aware of an emergency while in camp, immediately report it to the nearest staff member and follow their directions. Please do not directly call emergency response.

Do parents have to be registered Boy Scouts of America leaders to attend camp?

No, but it is required that each unit has at least one registered leader in attendance. All adults attending camp must complete the BSA's Youth Protection Training All adults must also meet PA Background Clearance Requirements prior to attending camp.

What if our unit does not fill/overflows the campsite we have chosen?

We understand that many units have a favorite campsite. Campsite capacities are determined based on location, available equipment, an impact on the environment among other things. It is important that we follow the set site capacities. If a unit does not completely fill their chosen site, it must be understood that another unit may be placed in the same campsite so as many Scouts are given a camp opportunity as possible. If a unit overflows their chosen campsite, they may be reassigned to a campsite that will fit their numbers, may have a portion of their unit moved into a nearby site with space, or, may have to provide their own camping equipment to set up additional tents in their chosen site.

Registration

How can I learn more about the Online Registration System (DoubleKnot)?

A brief training will be offered at our pre-camp leader meetings in February. Otherwise you are welcome to contact the LHC Camping Department at (412) 325-7921 for assistance.

When is the registration cut-off?

We endeavor to support every Scout in attending camp. Late additions can be made to the unit roster up until one week prior to camp pending availability. See the Finance section below for information related to payment due dates.

Can I register after my unit has paid for camp?

We endeavor to support every Scout in attending camp. Late additions can be made to the unit roster up until one week prior to camp pending availability.

What if a parent can't take the whole time off?

This is very common. We often see unit adults split weeks. For example, we see one adult come Sunday to Wednesday and another come Wednesday to Saturday. In this case, where the two adults are not overlapping, one adult space will need to be reserved. In cases where an adult that is not staying the entire session is overlapping, please contact the LHC Camping Department at (412) 325-7921 and we can help you with the reservation. In this case, the adult camp fee will be prorated for the days in attendance. Adult leadership is an important part of the Scout camp experience. We will work with you to get your adults registered for camp.

What happens if we only have one adult able to attend camp?

The BSA requirement is a minimum of two adult leaders one of which must be a registered leader and the second either a registered leader or the parent/guardian of one of the Scouts in attendance. In addition, for Cub/Webelos Scout programs, the BSA requires an adult to Scout ratio of one to four and every Cub/Webelos Scout must have an identified adult responsible for them. If your unit will not be able to meet these adult leader requirements, please contact the LHC Camping Department at (412) 325-7921 as soon as possible so we can either help connect you with another unit to share leadership or recruit an additional provisional leader for your unit.

Can I attend at a different time than the rest of my Unit?

Absolutely. Individual parent/son teams or parts of units may register for the session that best fits their schedule pending availability. Individual Boy Scouts or Venturers can join a provisional unit as a lone Scout. Provisional opportunities for individual Cub/Webelos Scouts cannot be accommodated.

Finance

What does the camp fee cover? Are there any additional fees?

Camp fees cover all program supplies, meals, lodging, recognition items, staffing and facility costs. Some special camp programs (Shotgun, Waterskiing, Day Trek) do incur additional fees.

If I can only attend for a partial session, what is the cost?

All youth fees are based on attending for the full session. Parents and leaders should share weeks to fill that space all week. To better accommodate adults work schedules we do have an adult daily rate of \$37 for those that cannot share a week with another adult.

How do I apply for a campership? When will we find out if we received one? Can that fee be transferred to someone else? How much will my campership be?

Campership application forms are available on the Summer Camp Resources page of this website. Applications are due by MARCH 1. Awards will be announced by the end of March. Camperships are not transferable and are dependent upon the available funds, the number of qualified applicants, and the length of stay. Camperships are awarded upon merit. Campership amounts are determined by a volunteer committee. In 2015 and 2016 all campership applicants received some amount of campership assistance. This is not guaranteed.

When are camp fees due?

Camp fees must be paid in full two weeks prior to camp attendance. To receive the lowest “Early Bird” rate, fees must be paid in full by April 1. If paid in full between April 2 and June 1 you will pay the second tier “Regular” rate. If paid in full after June 1 you will pay the third tier “Late” rate. For camp fee, due date, and available discount information go to the Summer Camp Resources page of this website.

Do we still get free Adults and/or Den Chiefs?

Yes. For every six Boy Scouts that you bring to Camp Liberty, Camp Freedom, or Camp Seph Mack you will earn one free adult. For every six Cub/Webelos Scouts you bring to Camp Independence's Cub program you will earn one free adult and one free den chief. Free adults and den chiefs are calculated per unit per session. For every six Boy Scouts/Venturers you bring to an Eagle Base resident program, you will receive a \$180 discount toward one adult. For camp fee, due date, and available discount information go to the Summer Camp Resources page of this website.

Are advancements earned at camp included in the price of camp?

Program materials to meet advancement requirements are included in the camp fee. Some of the actual awards can be purchased in our camp trading posts and all can be purchased at your local Scout Shop.

Can I get a discount if I am going to more than one camp session?

For camp fee, due date, and available discount information go to the Summer Camp Resources page of this website.

Why are Eagle Base and Day Trek costs higher? Why do Eagle Base adults pay the same as youth?

Eagle Base and Day Trek programs are coordinated with partner vendors. Higher fees account for the program costs charged by these vendors.

Program**Do adults have to complete a camp swim test?**

Any and all campers, youth and adult, who wish to participate in any aquatics program while at camp must complete a swim test. Swim tests can be completed prior to camp or can be completed as part of check-in on arrival day at camp.

How do I take a pre-camp swim test?

Please use the form available on the Summer Camp Resources page of this website. Bring the form with you when you check in on arrival day and turn it in at the aquatics area. This is encouraged as it will save your unit valuable time during check-in.

When will merit badge and activity sign-ups begin for the Boy Scout programs?

Merit badge, special activity, and Eagle Base activity sign-ups will open at 6:00 a.m. on April 15th . Sign-up is first come, first serve. Some badges and activities fill extremely quickly. We encourage you to be prepared ahead of time with a list of what each Scout wants to take and backups. Forms to help you collect this information are found on the Summer Camp Resources page of this website.

Will Cub and Webelos Scout programs include advancement opportunities?

Yes. Where possible we build completion of Adventure requirements into camp activities. Entire adventures, however, may not be completed while at camp.

Meals

Can we review the camp menus before arriving at camp?

Yes. As soon as menus are available, they will be posted to the Summer Camp Resources page (www.lhc-bsa.org/camping/resources). For various reasons, sometimes planned meals are changed. Current menus will be posted at camp. Menus are approved by a registered dietician annually.

What if my Scout/I do not like what is on the menu?

Due to the large number of individuals being served at camp, it is extremely difficult to offer a number of different options at each meal. Substitutions will only be made for those with documented medical needs who make a special diet request at least two weeks prior to attendance. Fruit and materials to make Sun Butter and Jelly sandwiches will be available at all meals. Cereal will be available at breakfast. Additional options will be available through the camp trading posts.

I have a special dietary request/necessity, how can that be accommodated?

The Laurel Highlands Council is committed to accommodating reasonable requests. To do this, we must know about any special diet requests at least two weeks ahead of camp attendance. There is an online form linked on the Summer Camp Resources page of this website to submit this requests. Our food service staff will follow up with each case. We will do everything we can to meet your health needs. In extreme cases it may be necessary for you to provide your own food. Due to the large volume of campers we cannot accommodate requests that are not due to health issues. It is also important for individuals who request special diets to personally identify themselves to the food service staff as part of the check-in process so the staff can properly serve you.

What is Sun Butter? Why not Peanut Butter?

In 2016, all peanut and tree nut products were eliminated from the food service at Heritage Reservation for camper safety. Some allergies can be extreme and this was done to keep everyone safe. Sun Butter is a safe, sunflower seed based alternative that looks, smells, and tastes almost exactly like peanut butter. Please do not bring any products that include peanuts or tree nuts into our dining facilities at Heritage Reservation.

How will meals be served?

Meals are served differently depending on which camp you attend. At Camp Independence and Eagle Base, meals are served cafeteria style in a dining hall. At Camp Freedom, meals will be served family style in the camp dining hall. At Camp Liberty, campers will pick up their food from the camp commissary and cook it themselves, patrol style in their campsite.

Eagle Base

What is the difference between Eagle Base and Day Trek?

Eagle Base is the high adventure camp at Heritage Reservation. Through Eagle Base, there are two participation options. The first is the full Eagle Base resident program. Groups sleep and eat at Eagle Base, participate in high adventure activities on and off reservation during the day, and get to participate in fun evening programs. The second option is Day Trek. Day Trek is for older Scouts attending Camps Liberty and Freedom. Day Trek participants register with their troop in Camp Liberty and Freedom, sleep and eat with the troop in that camp, and participate in on and off reservation high adventure activities during the day. Eagle Base evening programs are not available for Day Trek participants.

Where can I get a detailed schedule of the activities offered?

A full schedule of activities offered through Eagle Base can be found in the current camp guidebook on the Summer Camp Resources page (www.lhc-bsa.org/camping/resources).

Is there something we should do in preparation for our Eagle Base adventure?

Yes. Eagle Base programs are high adventure in nature and are physically demanding. Make sure all participants from your group are in good physical shape, meet the height and weight guidelines found in the current camp guidebook, and come prepared with any required personal items listed in the current camp guidebook. Additional preparation information can be found in the current camp guidebook available on the Summer Camp Resources page (www.lhc-bsa.org/camping/resources).

Can we still participate in the programs at Camp Liberty and Freedom?

Day time Eagle Base resident and Day Trek programs are separate and most times off-site from Camps Liberty and Freedom. Day Trek participants will generally be out of camp from just after breakfast until just before dinner and then will be able to participate in Camp Liberty or Freedom's evening programs with their home troops. Scouts interested in attending both Camp Liberty or Freedom and Eagle Base can return for a second week and receive a \$100 discount to do so.

Where do we sleep and eat?

Eagle Base resident program participants will stay in the Gannet campsite near Heritage Reservation's Pathfinder Lodge. The campsite will have nylon wall tents with cots on wooden floorboards. Meals will be served cafeteria style in Pathfinder Lodge. Showers are also located in Pathfinder Lodge. Day Trek participants will stay with their home troop in Camp Liberty or Freedom.

Are there any age or other requirements for the high adventures?

Yes, participants must be 13 years old and a registered Venturer or Boy Scout. Also Trek participants must be able to complete the BSA Swimmer Test. Experience in boating is encouraged. Other activity requirements can be found in the current camp leader guide on the Summer Camp Resources page (www.lhc-bsa.org/camping/resources).

Are there separated accommodations for male and female leaders?

Following the BSA's youth protection guidelines adults must sleep in separate tents from youth. Males will sleep in separate tents from females. The only exceptions to this are married couples or a parent with his/ her own child.

How many adults are required?

Eagle Base resident program units will need to provide one 21 or older male leader for male participants and one 21 or older female leader for female participants. Each unit will need to provide a minimum of two adults unless you will be sharing leadership with another unit (this must be pre-arranged through the LHC Camping Department). Units with Scouts participating in Day Trek do not need to provide adult leadership. Eagle Base Trek Guides fill this role. Adults are always welcome to come.

I'm an adult leader with Scouts participating in Day Trek. Can I tag along?

Yes. Adults wishing to participate all week with their Day Trek participants will be allowed to do so but will need to pay the higher, Eagle Base adult fee. If an adult wants to participate just in one day, they will be charge the balance due for that day's activities. Activity space is limited and youth are always given preference.

Camp Independence

I have a Cub Scout and Webelos and one week of vacation – What should I do?

Most weeks we offer a Webelos session followed by a Cub Scout session or vice versa. Schedule both of your sons to attend this week and you will be there the whole week. Each parent is not required to attend. Your son can go with another adult from the pack as long as BSA adult leadership requirements are met.

Can a sibling of a Cub Scout go to Camp Independence?

All youth participants must be registered Scouts. Camp is not outfitted to support siblings who are not registered.

Can a Webelos crossing over to Boy Scouts attend Camp Independence one last time?

No. The activities at Camp Independence are specifically tailored for the age of Cub and Webelos Scouts. He would have much more fun at one of the Boy Scout camps with his new Boy Scout Troop. Also, missing the first year of Boy Scout camp may put him behind the rest of the Scouts in his patrol on his advancements.

Can adults stay over between sessions of Camp Independence?

Yes. This will need to be arranged with the Camp Independence leadership.

Can Webelos attend Cub Scout Camp or vice versa?

Each camp is geared toward that specific age range and will have activities and advancement particular to those ranks. Webelos attending a Cub Scout camp will likely be bored with the program.

Where do we sleep and eat?

Campers choose one of eight campsites and stay in canvas platform tents with cots. Each campsite has a latrine and hot showers nearby. All meals except for the campsite cookout for the Webelos are eaten in the Dining Hall and are prepared by the camps contract food service staff.

What if I don't want to go to Nature? Can I do something else?

The camp program is written with several things in mind. Our goal is to offer a wide variety of programs for each Scout. Camp also has up to 350 campers each session and we need to schedule where campers are so areas do not get overwhelmed. Our camp staff are often needed other places or simply need to take a quick breather when their specific programs are not running. If you choose not to participate in a particular program, do not expect an opportunity to be made for participation another time.

Camps Freedom / Liberty

Where can I find out what merit badges and activities are offered?

A full schedule of merit badges and activities offered through Camps Liberty and Freedom can be found in the current camp guidebook available on the Summer Camp Resources page (www.lhc-bsa.org/camping/resources). An activity planning sheet will also be added to the same webpage to help you with scheduling.

Where do we sleep and eat?

Troops choose one of fourteen campsites and stay in canvas platform tents with cots. Each campsite has a latrine and hot showers are nearby. At Camp Freedom, all meals except for the campsite cookout are eaten in the Dining Hall and are prepared by the camp's contact food service staff. At Camp Liberty, we have patrol cooking. You pick up the meal ingredients at the camp commissary and, as a patrol, cook the meals in your campsite.

Is there something for older Scouts to do?

Yes. There are more than 60 opportunities for merit badges, as well as rank advancement and special award opportunities including the Heritage Ironman. Or you can check out Day Trek for high adventure programs for Scouts 13 and older.

What do you recommend for the first year campers?

The Trail to First Class program helps Scouts work on the basic Scout skills from the Tenderfoot, Second Class, and First Class ranks. Scouts will have time to take first year appropriate merit badges in the afternoon as well. We encourage troop adult leadership to help out in this area. More information can be found in the current camp guidebook on the Summer Camp Resources page (www.lhc-bsa.org/camping/resources).

Why do merit badge classes stop mid-afternoon? We want our Scouts to earn more merit badges.

The Laurel Highlands Council Camping Committee believes strongly that summer camp is about much more than just earning merit badges. Scouts should have time to enjoy the outdoors, have fun, and try out new and different activities they may never get to do outside of camp. Afternoon open program time facilitates this.



Payments and Fees

a run-down of what each session costs

The Camping and Outdoor Program Committee unanimously approved a sliding camp fee for 2017 to encourage a greater percentage of our youth and adults to commit early to camp and provide Heritage with the ability to offer an even better program at a competitive rate by:

- Confirming that sites/weeks are not overbooked
- Adjusting staffing as necessary where increases in campers dictate
- Ensuring sufficient supplies are in camp before the season opens
- Purchasing supplies in advance and in bulk, with mail order and earlier negotiation

An increase of 4% to the 2016 fee has been implemented to cover increases to operational costs related to staffing, food service, and other camp services.

	Liberty youth / adult	Freedom youth / adult	Eagle Base youth / adult
Paid in full by April 1, 2017	\$360 / \$190	\$360 / \$190	\$410 / \$410
Paid in full by June 1, 2017	\$385 / \$200	\$385 / \$200	\$435 / \$435
Paid in full after June 1, 2017	\$410 / \$210	\$410 / \$210	\$460 / \$460

Special Program Fees: Day Trek (\$50), Watersports MB (\$50), Shotgun MB (\$25)

	Independence 3 night youth / adult	Independence 4 night youth / adult
Paid in full by April 1, 2017	\$190 / \$100	\$245 / \$135
Paid in full by June 1, 2017	\$205 / \$110	\$270 / \$145
Paid in full after June 1, 2017	\$220 / \$120	\$295 / \$155

Payment and Registration Timeline

- Reservation Fees are due with initial reservation(\$5 Cub, \$20 Boy Scout, \$25 Eagle Base).
- March 1.....Campership applications due for Laurel Highlands Youth
 - April 1Full payment due to receive lowest camp rate
 - April 15.....Merit Badge Registration Online at www.lhc-bsa.org/camping
 - April 15.....Names applied to “Save a Space Deposits” to avoid forfeit of deposits
 - May 1 2018 reservations open for renewing same site, same session
 - June 1 Full payment due to receive regular camp rate
 - June 1 2018 reservations open on first-come, first-served basis to all

All deposits and camp fees are subject to the refund policy (pg 69)

Leader Fees

- Leaders who are staying the entire week or splitting the week with another leader should pay their fees in full by April 1 - this helps us to better control each weeks camp size.
- Fees for those adults that cannot partner will be subject to the following daily rates:
 - Camp Independence, Camp Liberty and Camp Freedom - \$37
 - Eagle Base - due to the design of the program a daily rate is not offered.
- Guest Meals are available for advance purchase at the Program Hall for \$8 per meal.

Unit Reservation Fees

- Beginning May 1, unit reservations for the subsequent camping season open for units to renew the same site and session as the current year. Beginning June 1, unit reservations for the subsequent camping season open on a first-come, first-served basis.
- Independence reservations must include a \$5 per person reservation fee.
- Liberty and Freedom reservations must include a \$20 per person reservation fee.
- Eagle Base reservations must include a \$25 per person reservation fee.
- In order to optimize attendance and keep costs down, Heritage Reservation reserves the right to assign multiple units to the same camp site with multiple patrol areas.

How to Pay

- Unit leaders may make payments and register online - consider using Electronic Funds Transfer (EFT) from your checking account rather than credit cards.
- All offline payments and registration should be sent to the Laurel Highlands Council, 1275 Bedford Avenue, Pittsburgh, PA 15219 using registration forms available online.
- Be sure to include your registration number or a statement with your payment to assist us in crediting your payment to the correct account.

Incentives to Bring Everyone

the benefits of getting as many people to camp as possible

Free Adults & Free Den Chiefs

For each six Scouts you bring to Eagle Base, you will receive a \$180 discount toward one leader. For each six Scouts that you bring to Camp Liberty or Camp Freedom you will earn one free adult. For each six Scouts at Camp Independence you will earn one free adult and one free den chief. Free adults and den chiefs are calculated per unit per session.

Low Rate Lock-In

All Webelos cross-overs and new Scouts are automatically locked into the lowest rate at camp. All Scouts applying for a campership are also locked into the lowest rate. Contact the LHC Camping Department at (412) 325-7921 to have this discount applied.

Staff Referral - \$100 Trading Post Credit

Do you know someone who would make an ideal camp staff member? Encourage them to apply and if they work for us all summer, you will receive a \$100 gift card to use at our camp Trading Posts. To make a recommendation visit www.lhc-bsa.org/camping/staff.

Earn Your Unit a \$40 Per Youth Discount

If you recruit a new unit to attend Heritage Reservation that brings at least ten youth, you will earn a \$40 discount for each youth (not to exceed the number of youth in the other unit) in your own unit for that same summer.

Second Session at Laurel Highlands Council Camp - \$100 Discount

Attend a second session at any Laurel Highlands Council resident camp as a provisional camper, with your unit or another and you can get \$100 off your second session, prorated for Cub Scout Camp. Contact the LHC Camping Department at (412) 325-7921 when registering.

Eagle Base - \$100 Discount

Attend any week long camp through the Laurel Highlands Council and get \$100 off your week at Eagle Base. Contact the LHC Camping Department when registering for Eagle Base.

Camperships

Funds are available to assist Laurel Highlands Council youth with financial need to experience Heritage Reservation. Requests for camperships must be made using the campership application available online at www.lhc-bsa.org/camping for each person. Camperships are non-transferable and applications are due March 1.

Water Bottles

every full session camper gets a water bottle

Each full session camper, youth and adult will receive a free water bottle. Water bottles will be delivered to your unit during the check-in process on your first day of camp.

These bottles are camp specific, adorned with the Heritage Reservation and camp logo. Stay hydrated in style during your time at camp, and throughout the year!

Please be sure to write your name and unit number on your water bottle in the space provided so that if it is misplaced we can return it to you.



Provisional Camp

registering as an individual for camp

If a youth is unable to attend with your unit, don't let them miss the summer camp experience. Register the youth with one of our units that supports provisional campers. Throughout the summer we can match your youth with another unit for a provisional experience.

You will be amazed at how quickly your camper will make new friends and assimilate into the host unit. This is a great opportunity to ensure all your Scouts can make it to camp even if they have a family vacation during your week.

Contact the LHC Camping Department at (412) 325-7921 to connect your Scouts with another unit or our provisional units. Interested in your unit hosting provisional Scouts? Contact us for details!



Refund Policy

how to get money back if you have a change in plans

A Summer Camp Refund Request Form must be completed for each individual requesting a refund (available online at www.lhc-bsa.org/camping). The forms must be submitted to: Laurel Highlands Council, 1275 Bedford Avenue, Pittsburgh PA 15219.

All approved refunds are paid by check to the unit contact in the online registration system.

If Refund Request is:

Submitted from April 2 to June 1

Camp Independence: forfeit \$30, balance of fees refunded

Camp Liberty, and Camp Freedom: forfeit \$50, balance of fees refunded

Eagle Base: forfeit \$50, balance of fees refunded

Submitted after June 1

• Medical or School Reasons:

- Submitted with note from doctor or school within 30 days of camp week

- Missed five or six days: forfeit 25% of camp fee, balance of fees refunded

- Missed three or four days: forfeit 50% of camp fee, balance of fees refunded

- Missed one or two days: forfeit 75% of camp fee, balance of fees refunded

- Refund request submitted more than 30 days after camp week or without note from doctor or school

- No Refund

• All Other Reasons:

- Request submitted 30 days prior to camp:

- Forfeit 35% of camp fee, balance of fees refunded

- Request submitted less than 30 days prior to camp week :

- No Refund

Revision Date: 3/21/2016, Camping and Outdoor Programs Committee



A Refund Request Form must be completed for each INDIVIDUAL requesting a refund.



2017 Camp Sessions

a variety of options to accommodate your busy summer

Camp Independence Sessions

Cub Scout and Webelos resident camp with 750-seat Dining Hall, fort, ship, BMX course, bouldering, climbing and four specially-designed adventure areas.

Cub Scout Camp

These boys and parents are looking for a fun, introductory experience. Activities are focused on those Scouts having completed first and second grades with advancement from the Wolf and Bear program.

C1	3 Nights	Jun 18 - Jun 21	Sun - Wed
C2	3 Nights	Jun 25 - Jun 28	Sun - Wed
C3	3 Nights	Jul 9 - Jul 12	Sun - Wed
C4	3 Nights	Jul 19 - Jul 22	Wed - Sun

Webelos Camp

These boys are looking for a longer and more challenging experience. Activities are focused on those Scouts having completed third and fourth grades with advancement from the Webelos program.

W1	3 Nights	Jun 21 - Jun 24	Wed - Sat
W2	4 Nights	Jun 28 - Jul 2	Wed - Sun
W3	3 Nights	Jul 5 - Jul 8	Wed - Sat
W4	3 Nights	Jul 12 - Jul 15	Wed - Sat
W5	3 Nights	Jul 16 - Jul 19	Sun - Wed
W6	4 Nights	Jul 23 - Jul 27	Sun - Thrs

Camp Liberty and Camp Freedom Sessions

Boy Scout resident camps, each with 14 campsites and identical facilities aside from the dining experience. Both camps offer merit badges, activities and more in Aquatics, Trail to First Class, Ecology Conservation, Field Sports, Handicraft, Health and Safety, Scoutcraft, Trail to Eagle and shared central programs.

Boy Scout Patrol Cooking

Camp Liberty is one of the few remaining patrol cooking camps with a focus on the patrol method.

1	6 Nights	Jun 18 - Jun 24	Sun - Sat
2	6 Nights	Jun 25 - Jul 1	Sun - Sat
3	6 Nights	Jul 2 - Jul 8	Sun - Sat
4	6 Nights	Jul 9 - Jul 15	Sun - Sat
5	6 Nights	Jul 16 - Jul 22	Sun - Sat
6	6 Nights	Jul 23 - Jul 29	Sun - Sat
7*	6 Nights	Jul 30 - Aug 5	Sun - Sat

*Freedom Only

Boy Scout Dining Hall

Camp Freedom has a central 450-seat Dining Hall serving family-style meals, allowing Scouts to focus on fun, advancement and adventure.



Eagle Base Sessions

High Adventure programs are offered to older Boy Scouts and Venturers.

A base camp experience with daily excursions in white water, caving and rappelling, mountain biking, sporting clays, hiking and more.

1	6 Nights	Jun 19 - Jun 25	Sun - Sat
2	6 Nights	Jun 26 - Jul 2	Sun - Sat
3	6 Nights	Jul 3 - Jul 9	Sun - Sat
4	6 Nights	Jul 10 - Jul 16	Sun - Sat
5	6 Nights	Jul 17 - Jul 23	Sun - Sat
6	6 Nights	Jul 24 - Jul 30	Sun - Sat
7	6 Nights	Jul 31 - Aug 6	Sun - Sat

2018 Summer Adventures

a run-down of how to ensure your spot at camp

Preparation

Eagle Base

Independence

Liberty / Freedom

Life in Camp

FAQ

Registration

Resources

Camp Independence Sessions

A \$5 per camper reservation fee is due at the time of reservation to hold spots for your campers until the Early Bird payments are due on April 1, 2017. This enables camp to optimize attendance each week and keep costs down.

Cub Scout Camp

These boys and parents are looking for a fun, introductory experience. Activities are focused on those Scouts having completed first and second grades with advancement from the Wolf and Bear program.

C1	3 Nights	Jun 17 - Jun 20	Sun - Wed
C2	3 Nights	Jun 24 - Jun 27	Tues - Fri
C3	3 Nights	Jul 8 - Jul 11	Sun - Wed
C4	3 Nights	Jul 11 - Jul 14	Wed - Sat

Webelos Camp

These boys are looking for a longer and more challenging experience. Activities are focused on those Scouts having completed third and fourth grades with Webelos advancement.

W1	3 Nights	Jun 20 - Jun 23	Thur - Mon
W2	4 Nights	Jun 27 - Jul 1	Wed - Sun
W3	3 Nights	Jul 15 - Jul 18	Sun - Wed
W4	4 Nights	Jul 18 - Jul 22	Wed - Sun
W5	3 Nights	Jul 23 - Jul 27	Mon - Thurs

Camp Liberty and Camp Freedom Sessions

A \$20 per camper reservation fee is due at the time of reservation to hold spots for your campers until the Early Bird Deposit is due on April 1, 2017. This enables camp to optimize attendance each week and keep costs down.

Boy Scout Patrol Cooking

Camp Liberty is one of the few remaining patrol cooking camps with a focus on the patrol method.

1	6 Nights	Jun 17 - Jun 23	Sun - Sat
2	6 Nights	Jun 24 - Jun 30	Sun - Sat
3	6 Nights	Jul 1 - Jul 7	Sun - Sat
4	6 Nights	Jul 8 - Jul 14	Sun - Sat
5	6 Nights	Jul 15 - Jul 21	Sun - Sat

Boy Scout Dining Hall

Camp Freedom has a central 450-seat Dining Hall serving family style meals, allowing Scouts to focus on fun, advancement and adventure.

6	6 Nights	Jul 22 - Jul 28	Sun - Sat
7	6 Nights	Jul 29 - Aug 4	Sun - Sat

Eagle Base Sessions

A \$25 per camper reservation fee is due at the time of reservation to hold spots for your campers until the full payment is due on April 1, 2018. This enables camp to optimize attendance each week and keep costs down.

A base camp experience with daily excursions in white water, sporting clays, caving, ATVs, mountain biking, hiking and much more.

1	6 Nights	Jun 17 - Jun 23	Sun - Sat
2	6 Nights	Jun 24 - Jun 30	Sun - Sat
3	6 Nights	Jul 1 - Jul 7	Sun - Sat
4	6 Nights	Jul 8 - Jul 14	Sun - Sat
5	6 Nights	Jul 15 - Jul 21	Sun - Sat
6	6 Nights	Jul 22 - Jul 28	Sun - Sat
7	6 Nights	Jul 29 - Aug 4	Sun - Sat



Reservations for 2018 adventures open May 1, 2017 with units renewing the same site and same session. On June 1, 2017, reservations open on a first-come, first-served basis. Reservations for Eagle Base open May 1, 2017 as first come first served.

Online Registration System

specifics to register, sign up for advancement, and make payments online

Follow these steps to reserve space, register campers, register for activities and make payments for your unit. Units may edit their registration and advancement until one week prior to their camp week.

Camper Reservation

- Part A to login and make the reservation.
- Part C to reserve camper space. Please estimate the total youth and adults you expect to bring to camp. Spaces you reserve will be held until April 1 at which time all spaces not assigned to a name will be released to other units.
- Part J to select your campsite.
- Part E to complete your registration.

Advancement / Activity Sign Up - Open April 15 to One Week Before Camp

- Part B to login and edit your registration.
- Part G to register campers for specific advancement.
- Part I to check camper schedules for conflicts.
- Part H to remove an advancement session.
- Part E to complete your registration.

Final Payments - Due April 1

- Part B to login and edit your registration.
- Part C to remove any unnecessary reserved camper space.
- Part D to assign names to the space you reserved with your camper reservation.
- Part F or G to register campers for specific advancement.
- Part E to complete your registration.

Make a Payment with No Changes

- Part K to make no changes in classes or campers and just make a payment.

A. Login to Create a New Camp Registration

- If new to the registration system, please contact the LHC Camping Department Flag Plaza at (412) 325-7921 to have an account created before you go to the website.
- Browse to: www.lhc-bsa.org/camping and select Summer Camp Reservations.
- Select the camp session, then “Click here to Register” and then “Register.”
- Sign in using an existing User ID (from a previous event)
- Do not continue without signing on.
- Select your group and click “Continue” then proceed to part C to reserve space. You may have multiple units attached to your login. Or, select “New” to create a group. Fill in Group Information then click “Save & Continue.” Proceed to part C to reserve space.



Even if you are not making a payment at this time you must complete “E. Completing Your Registration” or you will lose your work.

B. Login to Edit an Existing Registration

- Login with your username and password.
- Once logged in to the system click on “View, Edit or Pay for Registrations,” then click “View Details.” If you do not see “View, Edit or Pay for Registrations” click on “My Information” and then “View, Edit or Pay for Registrations”.
- Select the appropriate Registration and you will see a summary of your registration including payments, unit contacts, and registered campers. Click “Update” to register campers, edit advancements or make a payment.

C. Reserve Space

Use to hold space for campers until April 15 at which time all spaces not assigned to a name will be released to other units and deposits will be forfeited.



- Click “C. Reserve Space” under the Add, Modify or Delete Registrants section and enter estimates for each attendee type. Click “Continue”. You can come back at a later date to reserve additional spaces or to give back extra spaces.
- Go to Part J to select your desired campsite if not already selected.
- Go to Part E to complete the registration process if you already selected your campsite.

D. Register Individuals

- Choose “D. Register Individuals.”
- To add a new camper to your roster click “Add Names” and fill out the information - only that with an asterisk is required. Click “Save” and repeat until your roster is loaded.
- Choose “Attendee Type” for each individual that will attend camp. An adult sharing the week with another adult should be entered with one adult as First Name and the other as Last Name. Click “Continue” to return to the main screen.
- Reserved Space that does not have a name assigned will still be charged to your unit. Return to step C to give back unneeded space.
- Follow the steps in part E below to complete the registration. You can come back at a later date to add additional campers. You must complete “E. Completing Your Registration” or all changes will be lost.



Even if you are not making a payment at this time you must complete “E. Completing Your Registration” or you will lose your work.



E. Completing Your Registration

- Click “Check Out” after editing your registration.
- Review the details of your registration.
- Select payment type.
 - Electronic Funds Transfer (EFT) - from a checking/savings account
 - Mail/offline - select if you will be mailing your payment to the Council office or you are not making a payment at this time.
 - Credit card - Visa, MasterCard, Discover, American Express
- Fill out appropriate billing information and click “Agreement Box.”
- Click “Make Payment,” “Save” or “Check out with PayPal” to complete transaction and view your receipt. **If you skip these steps your work will be lost - Even if you are not making a payment.**
- Print receipt for your records and click “Done.” A receipt will also be e-mailed to you.
- Click “Done,” then “Feature List” then “Logoff.”



Even if you are not making a payment at this time you must complete “E. Completing Your Registration” or you will lose your work.

G. Register by Individual (available on April 15 at 6:00 am)

- Click “G. Register by Individual.”
- Use the drop down to select the camper. You will see any current classes.
- Use the drop down box to select the program area of the badge/activity.
- Click the green plus for classes that the Scout chooses.
- The status will change from “Not Registered” to “Registered”.
- To sign the Scout up for classes in another program area, select from the drop down box at the top and continue as above.
- Click “Continue” when you are done adding all of the Scout’s merit badges/activities. The screen will list all the advancement sessions for the Scout. It is best to check for schedule conflicts here.
- To continue with another Scout, select from the drop down list and continue as above.
- When you are done click “Continue.” - You must click continue or your selections will not be saved. You will be redirected to the main menu.
- Follow the steps in part E to “Complete your Registration” - you must complete your registration or your changes will not be saved.



H. Remove an Advancement Session (available on April 15)

- Click “G. Register By Individual” under the Register for Activities section.
- Use the drop down box to select the camper.
- The Scout’s merit badges/activities will show in a list. Click the remove icon beside the merit badges/activities you want to remove.
- Click “Continue” to return to the main menu.
- Follow the steps in part E to “Complete your Registration” - you must complete your registration or your changes will not be saved.



Even if you are not making a payment at this time you must complete “E. Completing Your Registration” or you will lose your work.



I. Check Schedule Conflicts (available on April 15)

- Click “I. Check Schedule Conflicts.”
- Campers with Schedule Conflicts will be listed. This list will include every day that the merit badge/activity is scheduled for, so look over the list, before making changes.
- Click the remove button for the activities you are deleting from the camper’s schedule.
- Once all conflicts are resolved click “Continue.”
- Follow the steps in part E to “Complete your Registration” - you must complete your registration or your changes will not be saved.



Even if you are not making a payment at this time you must complete “E. Completing Your Registration” or you will lose your work.

J. Select Campsite

- Click “J. Select Campsite” under the Select the Facility section.
- Select your campsite based on the number of campers you are planning for - the system will only show you the campsites that have enough remaining capacity to accommodate your group. Multiple Units are able to share the same campsite.
- Follow the steps in part E to “Complete your Registration” - you must complete your registration or your changes will not be saved.



K. Login to Make a Payment (Without Editing Registration)

Use to make a payment without making any changes to campers or classes.

- Browse to: www.lhc-bsa.org/camping and click Summer Camp Registration.
- Select your camp from the list.
- Login with your username and password.
- Once logged into the system click on “View, Edit or Pay for Registrations,” then select the appropriate Event and click “Make Payment.” If you do not see “View, Edit or Pay for Registrations” click on “My Information” and then “View, Edit or Pay for Registrations”.
- Review the details of your registration.
- Select payment type.
 - Electronic Funds Transfer (EFT) - from a checking/savings account
 - Mail/offline - select if you will be mailing your payment to the Council office or you are not making a payment at this time.
 - Credit card - Visa, MasterCard, Discover, American Express
- Fill out appropriate Billing information and click “Agreement Box.”
- Click “Make Payment”, “Save” or “Check out with PayPal” to complete transaction and view your receipt.
- Print receipt for your records and click “Done.” A receipt will also be e-mailed to you.
- Click “Done,” then “Feature List” then “Logoff.”



Even if you are not making a payment at this time you must complete “E. Completing Your Registration” or you will lose your work.

Online Registration FAQ

routine questions regarding the online registration system

How can I learn more about the Online Registration System (DoubleKnot)?

A brief training will be offered at our pre-camp leader meetings in February. Otherwise, you are welcome to contact the LHC Camping Department at (412) 325-7921 for assistance.

When is the registration cut-off?

We endeavor to support every Scout in attending camp. Late additions can be made to the unit roster up until one week prior to camp pending availability. See the Finance section below for information related to payment due dates.

Can I register after my unit has paid for camp?

We endeavor to support every Scout in attending camp. Late additions can be made to the unit roster up until one week prior to camp pending availability.

What if a parent can't take the whole time off?

This is very common. We often see unit adults split weeks. For example, we see one adult come Sunday to Wednesday and another come Wednesday to Saturday. In this case, where the two adults are not overlapping, one adult space will need to be reserved. In cases where an adult that is not staying the entire session is overlapping, please contact the LHC Camping Department at (412) 325-7921 and we can help you with the reservation. In this case, the adult camp fee will be prorated for the days in attendance. Adult leadership is an important part of the Scout camp experience. We will work with you to get your adults registered for camp.

What happens if we only have one adult able to attend camp?

The BSA requirement is a minimum of two adult leaders one of which must be a registered leader and the second either a registered leader or the parent/guardian of one of the Scouts in attendance. In addition, for Cub/Webelos Scout programs, the BSA requires an adult to Scout ratio of one to four and every Cub/Webelos Scout must have an identified adult responsible for them. If your unit will not be able to meet these adult leader requirements, please contact the LHC Camping Department at (412) 325-7921 as soon as possible so we can either help connect you with another unit to share leadership or recruit an additional provisional leader for your unit.

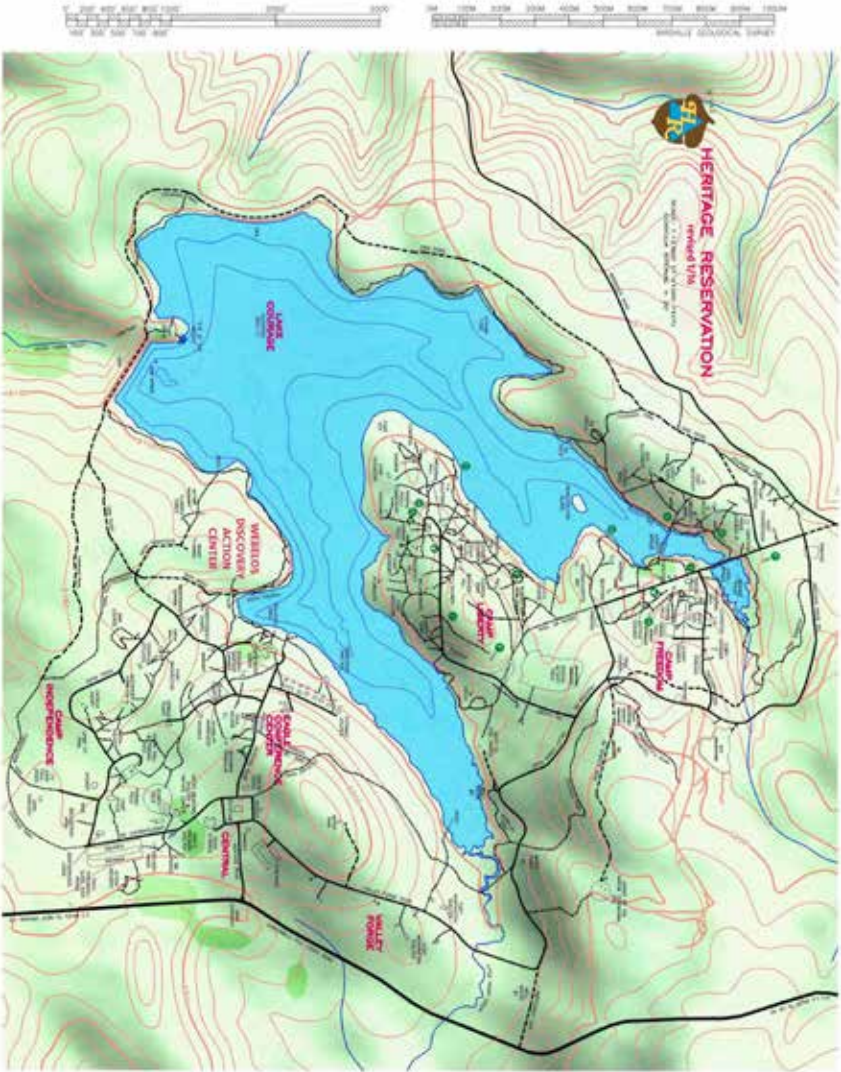
Can I attend at a different time than the rest of my Unit?

Absolutely. Individual parent/son teams or parts of units may register for the session that best fits their schedule pending availability. Individual Boy Scouts or Venturers can join a provisional unit as a lone Scout. Provisional opportunities for individual Cub/Webelos Scouts cannot be accommodated.



Heritage Reservation Map

a bird's eye view of the reservation



Boy Scouts of America, Laurel Highlands Council

Preparation

Eagle Base

Independence

Liberty / Freedom

Life in Camp

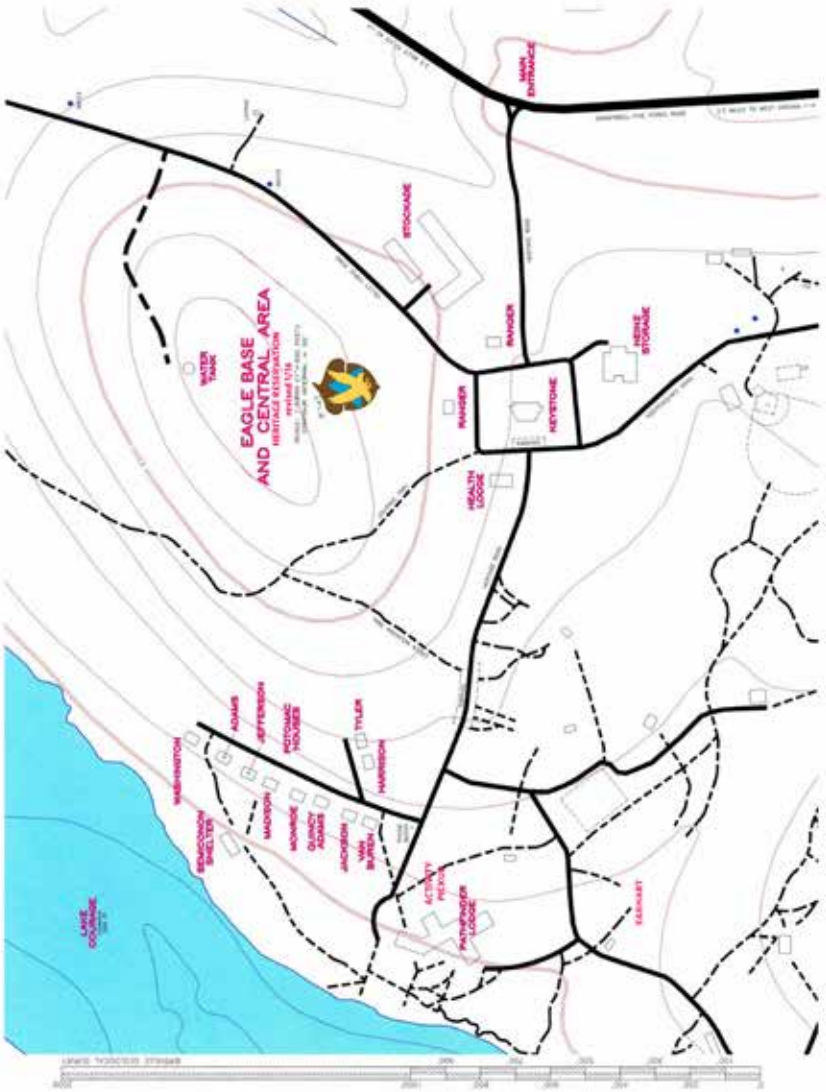
FAQ

Registration

Resources

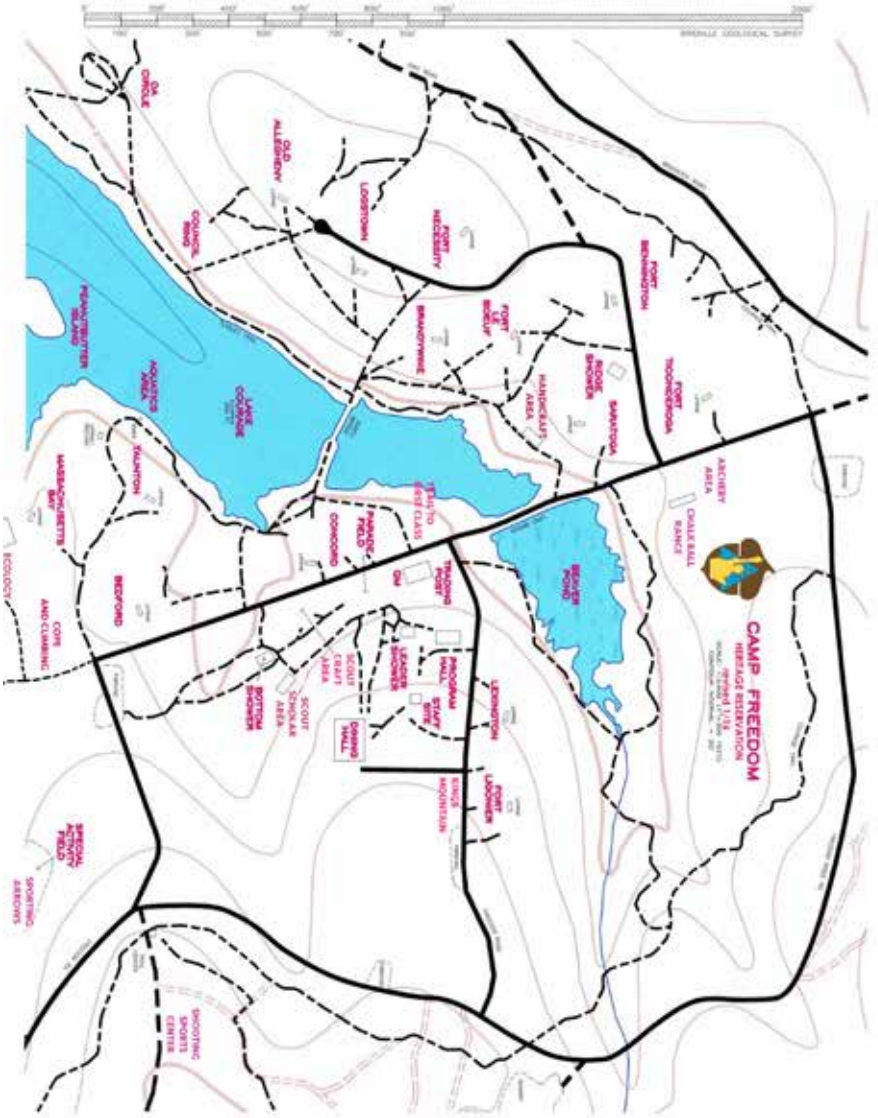
Eagle Base Map

showing your way around camp



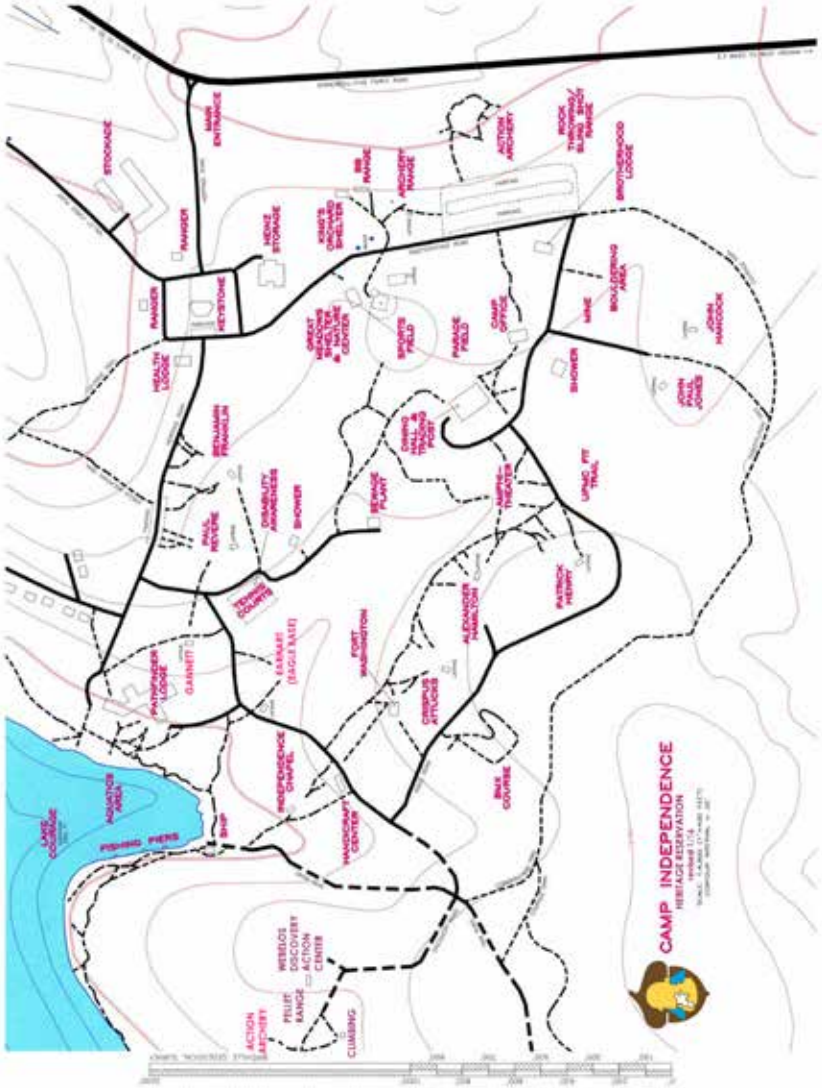
Camp Freedom Map

showing your way around camp



Camp Independence Map

showing your way around camp



Camp Liberty Map

showing your way around camp



Map to Heritage Reservation

showing the various routes of travel



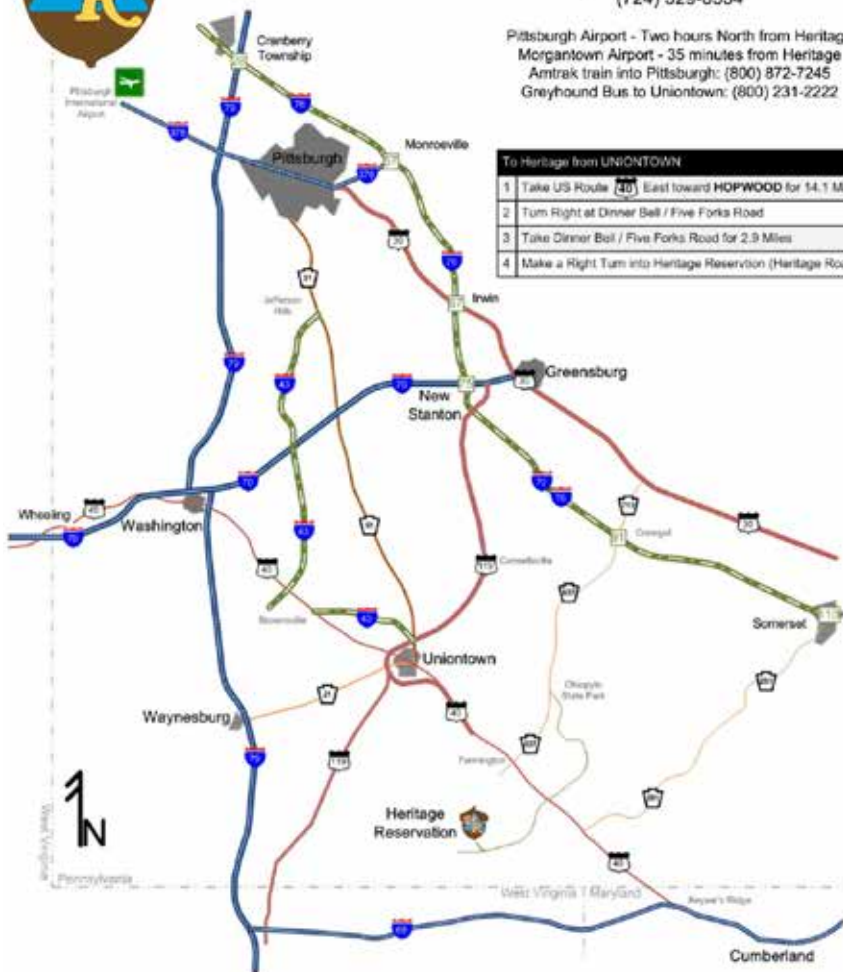
Directions to Heritage Reservation

Boy Scouts of America, Laurel Highlands Council
300 Heritage Road, Farmington, Pa. 15437
(724) 329-8534

Pittsburgh Airport - Two hours North from Heritage
Morgantown Airport - 35 minutes from Heritage
Amtrak train into Pittsburgh: (800) 872-7245
Greyhound Bus to Uniontown: (800) 231-2222

To Heritage from UNIONTOWN

- 1 Take US Route 40 East toward HOPWOOD for 14.1 Miles
- 2 Turn Right at Dinner Bell / Five Forks Road
- 3 Take Dinner Bell / Five Forks Road for 2.9 Miles
- 4 Make a Right Turn into Heritage Reservation (Heritage Road).



GPS and Mailing Address:
300 Heritage Road
Farmington, Pa. 15437

Address for pre-2010 GPS units:
2690 Dinner Bell Five Forks Road
Farmington, Pa. 15437



Online Resources

all the resources, forms and information to make your preparation easy

Below is a list of forms available online at www.lhc-bsa.org/camping. In our efforts to go green, we no longer provide a packet with these forms. Many of the forms are electronic.

Registration

- Scout Release Request - complete for Scouts leaving camp early and bring to camp
- Camp Leader Appreciation - Inform your employer about your volunteer time
- Campership Application - complete and submit for campers with need by March 1
- Refund Request - must be completed to receive a refund
- Final Unit Planning Report - complete to let us know your tent and patrol counts
- Early Arrival Request - Inform us of your plans to arrive early at camp
- Special Dietary Needs - complete this in advance so we may prepare for your needs
- Non-LHC Adult Clearance Compliance - for Non-LHC PA resident adults
- Non-PA Resident Clearance Disclosure - for Non-PA resident adults

Program & Advancement

- Pre-camp Swim Test - record results and send to the LHC Camping Department
- Camp Awards - get the requirements in advance for camper, patrol, and troop awards
- Advancement Schedule - provide to Scouts as they plan their advancement schedule
- Activity Plan - for Liberty and Freedom Scouts to prepare before camp

Eagle Base Resident and Day Trek Release Forms

- ATV Adventure Release Form - required for all ATV Adventure participants
- Lower Caving Release Form - required for caving/rappelling participants
- Rappelling Release Form - required for caving/rappelling participants
- Wilderness Voyageurs Release Form - required for rafting, fly fishing, pedal/paddle, and mountain biking participants. Youth and Adult.
- Seven Springs Release Form - required for sporting clays participants. Youth and Adult.

Medical

- Annual Health and Medical Record - complete for all campers
- LHC Supplemental Medical Screening - complete for all campers and bring to camp
- Special Dietary Needs - complete this in advance so we may prepare for your needs
- Immunization Exemption Request - complete this if needed and submit with your Annual Health and Medical Record

Maps & More

- Camp Maps - complete with campsites, program areas, and building locations
- Map to Heritage Reservation - detailed directions on how to get to camp
- Breakout Guides - customized for your camp, providing information for Scouts and Parents

Stay informed and prepare for camp with all these resources and more at
www.lhc-bsa.org/camping

Heritage Prose

words that express the energy of the experience

Camp Freedom Song

Our forefathers fought,
For what they believed,
They believed in the ones that set us all free.
Freedom for everyone. (x2)
Camp Freedom is the place for me,
With so much to do and see.
Where learning and fun all are one,
Freedom for everyone. (x2)

Independence Staff Song

A Cub Scout came to Independence at the end
of the school year,
Coming to a place he's never been before.
He left his home behind him, he was a little
scared and then,
The staff and leaders helped him find his way.
- Refrain -
He braved the waters of Lake Courage,
He spent his first night in the woods,
He saw birds and forests, rocks and fields and
streams,
He learned about our country's history... in
the flags that he raised.
He met the challenges and did the best he
could.
- Refrain -

Refrain

Independence is where you all can come,
To experience the woods and have some fun.
It's the spirit of Scouting...
where it can all begin.
Come join in, at Independence.
Come join in, at Independence.

Camp Independence Song

Independence, Independence,
Independence, Independence
Down here at Indy we all have a bla-ast,
So hurry along bring a friend a den or pa-ack
Cub Scout campers are we, having fun neath
the trees.
And when we are gone you'll remember our
song.
Cause we are Independence, Independence,
Independence, Independence
Independence, Independence,
Independence, Independence
Independence, Independence,
Independence, Independence

Camp Liberty Song

Liberty, the place for me,
Liberty, in God's country.
Stars in the sky tell us God is here;
Fires a-glowin' show friends are near;
Liberty, the place for me,
Liberty, where Scouting should be.

Heritage Grace

For **H**appiness and
Enjoyment
For **R**everence and
Integrity
For **T**olerance and
Attitude
For **G**oodwill and
Energy

We Thank Thee, O Lord.

Help Make Heritage Better

opportunities to leave your mark on the best camps out there

Materials and Equipment Needs

The best camps need the best equipment. However, this is often out of our price range so we rely on assistance. Check out the online needs list and contact the Camping Director to help.

Summer Service Projects

Throughout the summer, many camp improvement projects are in the works. A pre-approved project list will be developed by the camp ranger staff and will be made available in the camp office. Tools can be checked out or you may bring your own. Have your whole unit earn the Outstanding Acorn Award (pg 41).

Beaver Service Days

June 2-4 at Heritage Reservation we invite everyone to camp for a weekend of projects to help get camp ready for the upcoming summer. Entire units, small groups and individuals are welcome to stay in canvas wall tents at Camp Independence for free - or bring your own tent and stay in one of the Boy Scout camps. This is a great weekend of fellowship and service and also allows you to take part and pride in the great place Heritage Reservation is. Register online using the Online Registration System at www.lhc-bsa.org/camping.

Friends of Heritage

Since the beginning days of Heritage, we have prided ourselves in maintaining the camps using volunteer laborers for many different projects. Don't worry, we have projects as simple as painting a door or installing a light. The Crew does everything from simple maintenance to major remodeling and repairs; whatever it takes to make our Council camps the best. Interested in helping out? Call us!

Camp Staff Opportunities

more than a job...the opportunity of a lifetime

Are you tired of doing the same old routine all summer? The Laurel Highlands Council operates five camp programs each summer including Cub Scout, Boy Scout and high adventure. Each of these offers opportunities for a variety of summer camp staff jobs. Most Scout camp staff are at least 16 years of age; however, there are limited positions for 15 year olds. The high adventure program employs young people who are at least 18 years of age. The Laurel Highlands Council, Boy Scouts of America is an equal opportunity employer that hires both females and males, as well as people of all ages and ethnic groups, diverse cultures and mixed abilities.

Why Apply for a Camp Staff job?

- Make lots of new friends from your area, other states and even other countries.
- Spend a summer in the great outdoors where nature prevails.
- Acquire experiential education (learning by doing) and new skills that will last a lifetime.
- Be part of an effective team and cooperate with others to get things done.
- Learn how to lead others and apply leadership skills.
- Undertake and fulfill meaningful challenges and earn the satisfaction of doing a job well.
- Work with youth and adults of all ages.

Counselor in Training Program

The Counselor in Training (CIT) program is a varied training experience. It is an intensive four week program, with all CITs given the opportunity to work at three camps. CITs live in wall tents complete with electricity and have access to hot showers, laundry facilities and a lounge. There is no pay, however there is no charge for food, board or training while in the program. Some camps charge as much as \$100 per week. CITs will work in a different camp and program area each week and will take part in staff training sessions.

All CITs that successfully complete the requirements of the four-week program are eligible to receive a free week at Camp Liberty or Freedom (fees must be paid up front, and are then refunded to the unit upon successful completion).



Learn more or apply online at:
www.bit.do/2017staff

Celebrating Our Heritage

a history lesson of heritage reservation

Whose Heritage Is It?

Scouts who come to Heritage Reservation for the first time ask “Who owns Heritage?” Well, the answer to that is pretty simple. The Laurel Highlands Council, and because your unit is from this area, that makes you a part of the Council. So in a way, you are a part owner of this wonderful place.

But you are an owner of Heritage Reservation in a more important way. Every youth who camps here leaves a little bit of them self with this camp. The improvement project you participate in, your care of the land and the water, your responsibility in not littering or destroying any living thing or damaging any property stays here as part of you. That not only makes you an owner of Heritage, it makes you a permanent part of it. Think about that as you enjoy this camp.

Who Built Heritage?

Heritage Reservation opened for the first time back in 1980. Before Heritage, Boy Scouts from our area went to three different camps, but none of them were as big or as good as Heritage. Two of them did not even have a lake to allow for boating and fishing that most boys enjoy.

Some of our Council’s leaders at the time had a dream about creating the finest Scout camp in America for the youth of southwestern Pennsylvania, youth just like you. So they looked for just the right piece of land, where they could make a great lake like Lake Courage, and where there was plenty of space to hike in the wilderness and do all of the things that Scouts want to do at camp. Well, they found exactly what they were looking for right here, and they planned and built Heritage in less than two years! Why did they do it? Because they believed that youth for years to come deserved the best camp that could be had. Today, we should think about how grateful we are for the dreams those leaders had and for the wonderful place they created here at Heritage Reservation.

Who Paid for Heritage?

Did you ever wonder who provided the money to buy the land and build the campsites and buildings that made Heritage a Scout camp?

Well, it did take a lot of money to build Heritage. More than eight million dollars back in 1980 when it opened to Scouts. It would cost a lot more today. About another ten million dollars has been invested since then in improvements and expansions. It was all spent for youth like you to enjoy and learn about nature, and about yourselves as you work at being good campers.

But who provided all the money? The answer is: the community did. Some money came from Scout troops and Scout families and Scout leaders. A lot came from businesses, corporations, charitable foundations and people who believed that Scouting is a great program and that youth like you would benefit from it. People and businesses gave the money to build Heritage because they believed in the future, and that the future will be shaped by who? By YOU!

Why is This Place Called Heritage?

Boy Scout camps have lots of names. Some of them are named for Native American tribes, some are named for people, or even towns. Heritage is the only one we know that is named for an idea.

Heritage is something that is passed from older people to younger people. Sometimes that heritage is money or property. But that is not what Heritage Reservation is about. This Heritage is to help you remember and understand what has gone before you and why you should be proud of it, and to pass that pride on to the boys who follow you.

Part of this Heritage is about what happened here. This is a very historic country. George Washington, our first president and great general of America's war for independence, first saw battle not far from here. It was the first battle in a war about whether this part of America would be English or French.

Pittsburgh, which is at the center of our Scout Council, was the site of an important fort because of the three rivers that meet there. After that, our region became one of the most important industrial centers in the world.

The name of this reservation and the camp sites in it are reminders of the places where our ancestors fought and worked to make America the land of liberty, freedom and independence. We must never forget what they did. Heritage Reservation helps us remember.

Why An Acorn Symbol?

As plans developed for a new camp, so did a symbol to recognize its clear purpose. This symbol with the triangle, the acorn and the HR, however represent much more than you might imagine.



One part reminds us of our history. It is a triangle which represents a tricorne hat worn by the colonists during the struggle for independence, liberty and freedom from England. Its blue color reminds us of the beautiful man-made lake called Lake Courage.

The second part is the brown acorn itself. Long ago, a poet named David Everett wrote the following: "Tall Oaks from Little Acorns Grow." Here at Heritage, we are planting the seeds of our future in young men and women who soon will be the leaders of America.

The third part is the yellow HR which is short for the camp name, Heritage Reservation.

These three parts should also remind us of the three parts of the Scout Oath: duty to God and country, duty to others and duty to ourselves.





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Heritage Reservation *Excellence in Scout Camping Since 1980*

Nationally Accredited Programs



The Laurel Highlands Council Camping and Outdoor Promotion Committee is committed to camps that meet high standards for health and safety, food service, program, maintenance, conservation, staffing and administration. All of our camps are inspected and accredited on an annual basis. This emblem is one of your assurances of a quality camp!